



POLLUTION DE L'AIR ET MALADIES RESPIRATOIRES: QUELLES NOUVEAUTES?

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INSERM & Université de Montpellier, France**



COI

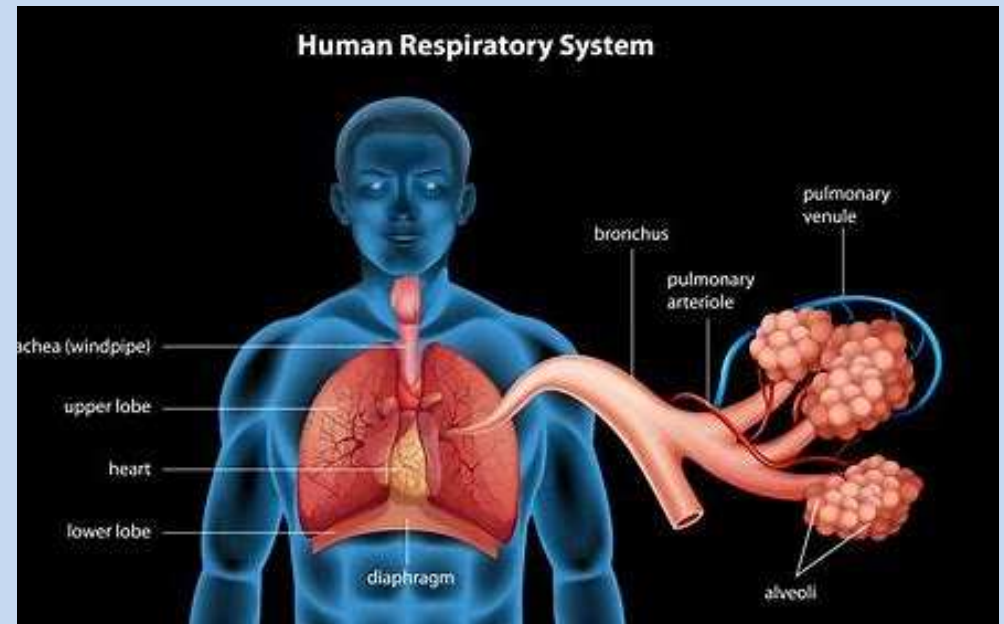
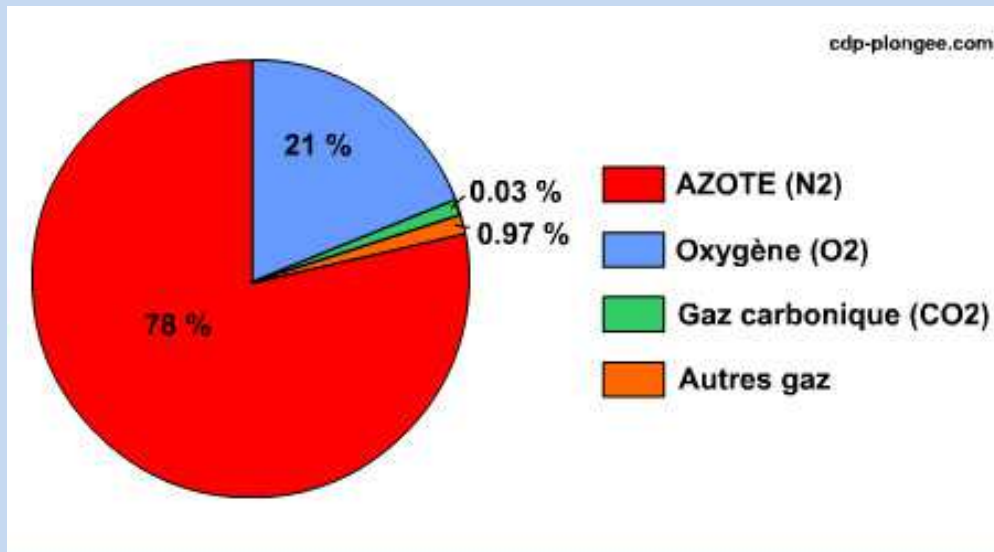
- ERS Ethics and Integrity Committee (Member)
- IRD Ethics Committee (President)
- EAACI ROC
- AAAAI Environmental Exposures and Respiratory Health Committee
- ATS Health Policy Committee
- Société de Pneumologie de Langue Française (GT PAPPEI)
- SFA Scientific Committee (Member)
- CSTB Scientific Committee (Member)
- RNSA Scientific Committee (Member)

Polluants, sources, exposition: quoi de neuf?

Pollution atmosphérique, pénétration

La pollution de l'air (ou « pollution atmosphérique ») est une altération des niveaux de qualité et de pureté de l'air.

COMPOSITION DE L'AIR



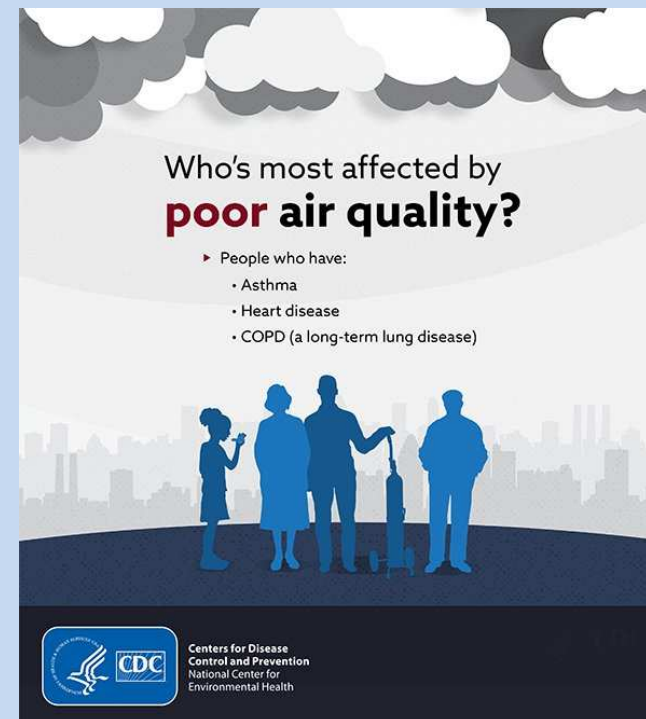
15 000 litres d'air par jour (et davantage à l'exercice) dans voies respiratoires et poumons (dans 300 millions d'alvéoles), soit plus de 5,4 millions de litres d'air respirés chaque année ou bien encore 17 cl par seconde.

Surface alvéolaire= 100 m²

Une meilleure prise de conscience de l'exposition

Pollution atmosphérique:

- subit passivement (car il faut respirer)
- présente à l'intérieur (indoors) et à l'extérieur (outdoors) des locaux
 - Maison
 - Bureau
 - Ecole
 - Transports
 - ...
- ubiquitaire
- cocktails de polluants
- grande variabilité spatio-temporelle



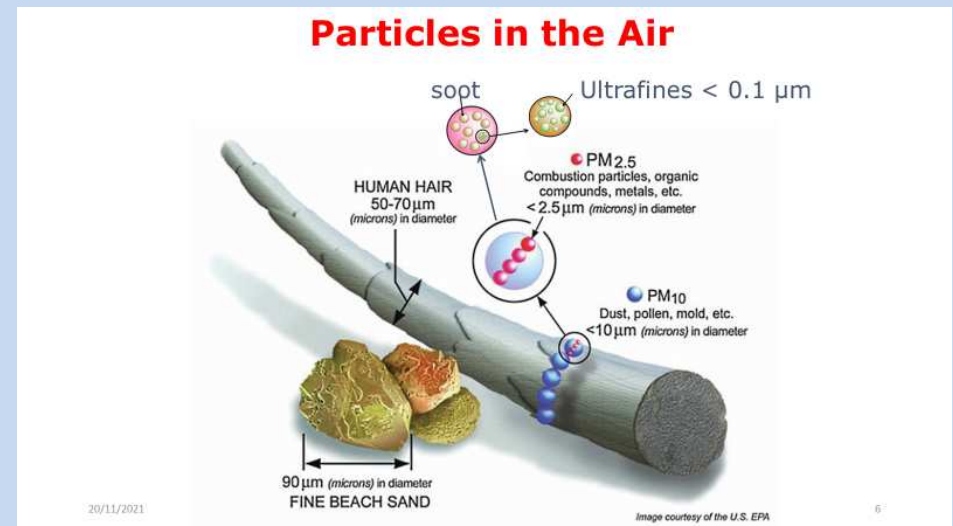
Better knowledge of gases and PM

(Primary and secondary air pollutants)

- Sulphur dioxide (SO_2)
- Nitrogen oxides (Nox, NO_2)
- Carbon monoxide (CO)
- Volatile organic compounds (VOC)
- Ozone (O_3)
- ...

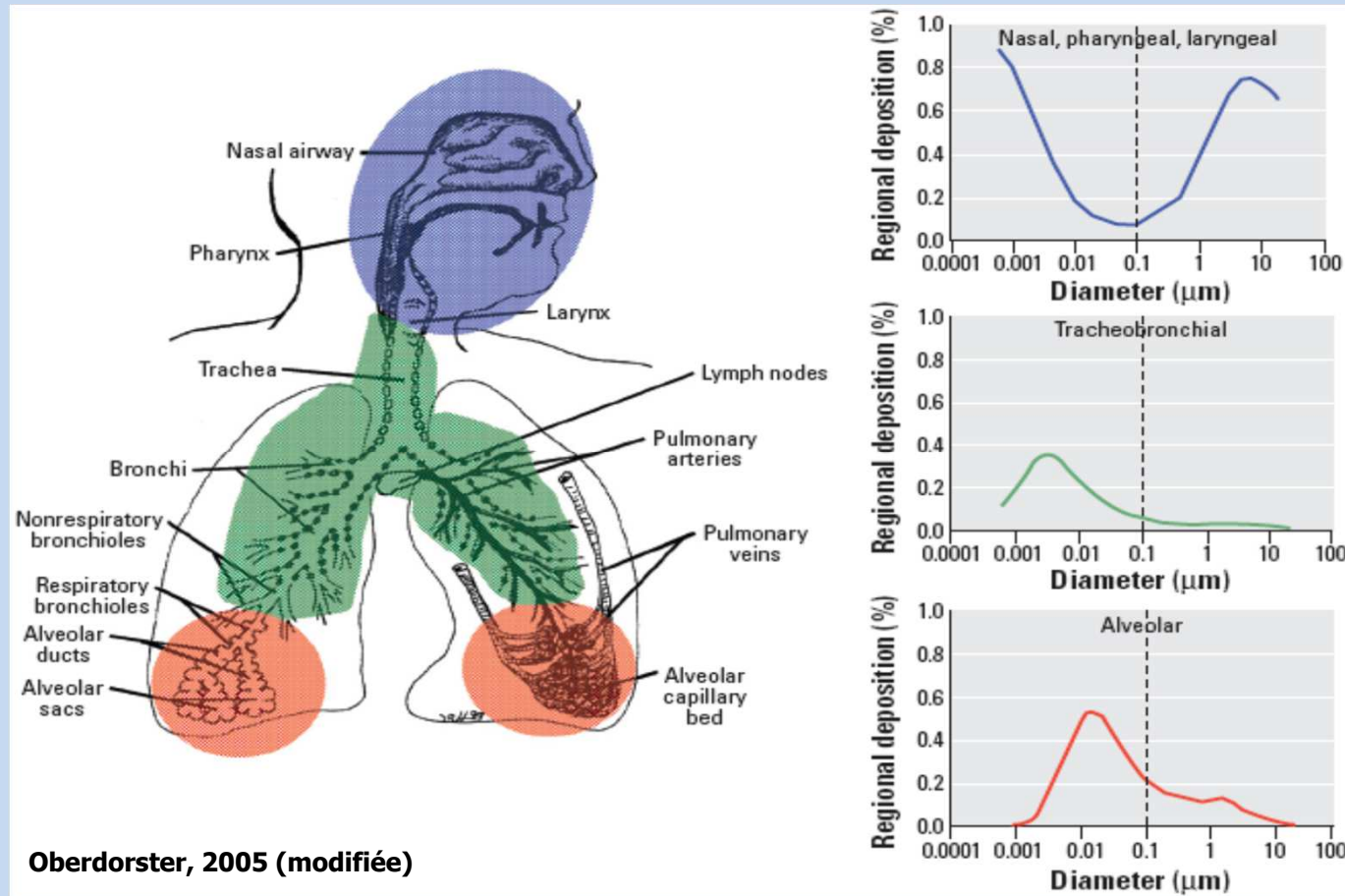
PM=Particulate matter
(aerosols)
characteristics

- Size



- Composition

Appareil respiratoire : voie de pénétration des PM



ATTENTION AUX UPF!

Old style air pollution

London 1952



New Delhi 2015



Annesi-Maesano, It is not time to
lower the guard! ERJ 2015

New Style Air Pollution

Car ban in the French capital

Paris in the smog

Mar 17th 2014, 12:33 BY S.P. | PARIS

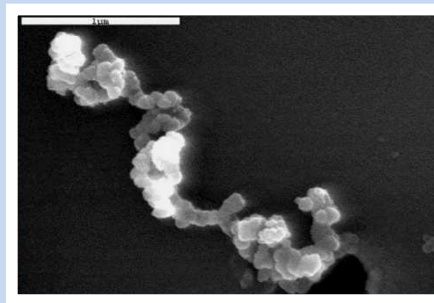
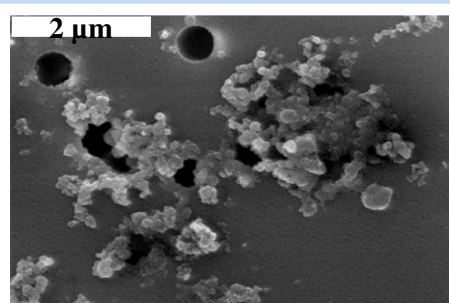
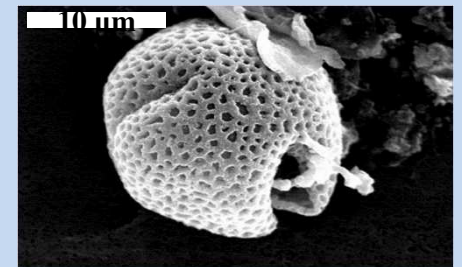
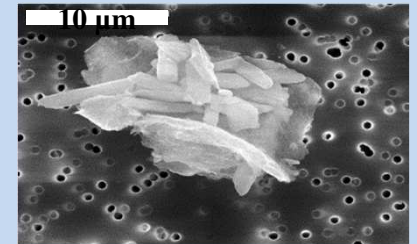
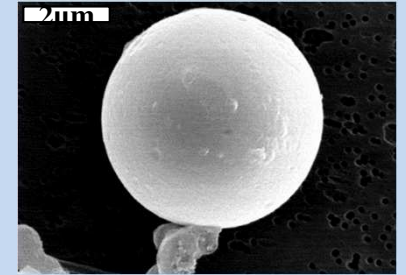
Timekeeper

The Economist

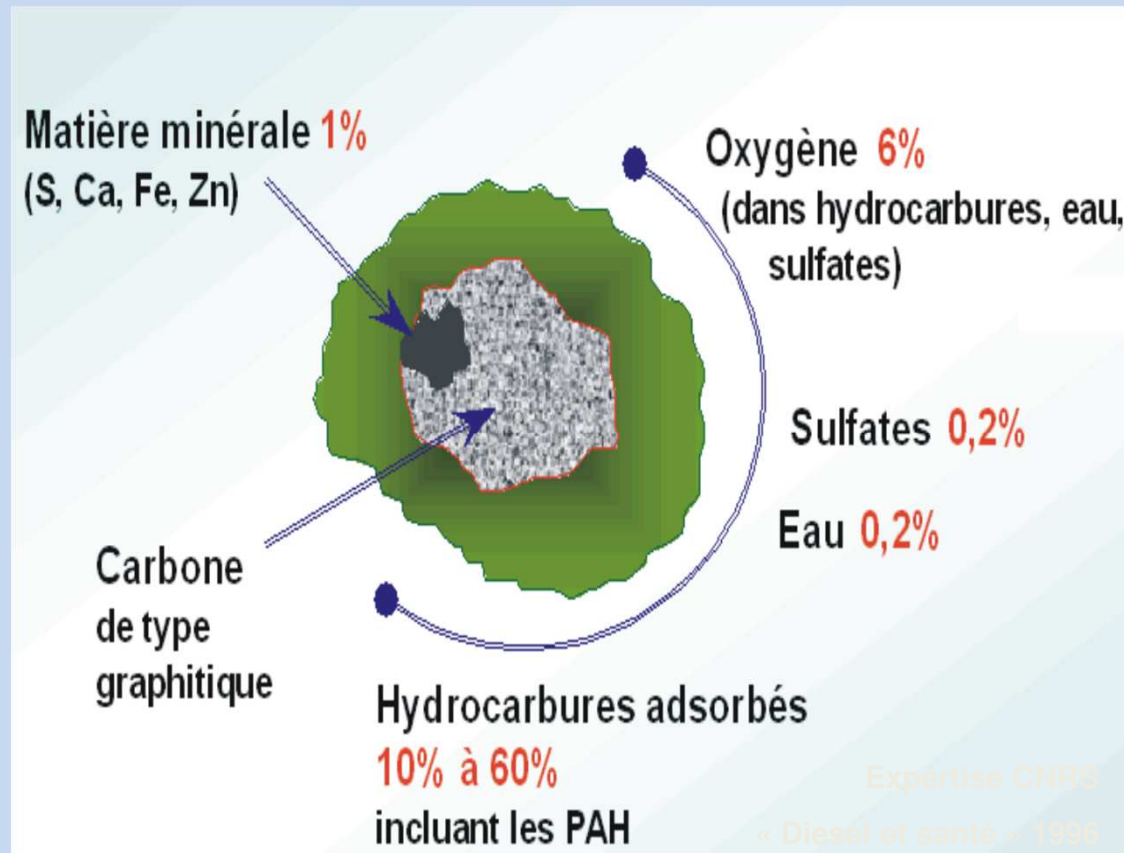
La pollution atmosphérique est visible



AP



Composition moyenne du DIESEL particules diesel (PM_{2.5})



Source : CNRS

Pollution particulaire agricole



Pesticides, herbicides, fertilisants, PM secondaires

Smog from 'wildfires'



Moscow, summer 2010

Several indoor air pollutants sources both chemical and biological

Individuals spend up to 90% of their time indoors

- House
- Office/School
- Transports
- HORECA

Where:

- More pollutants
- Concentrations (higher than outdoors)
- Environment is confined

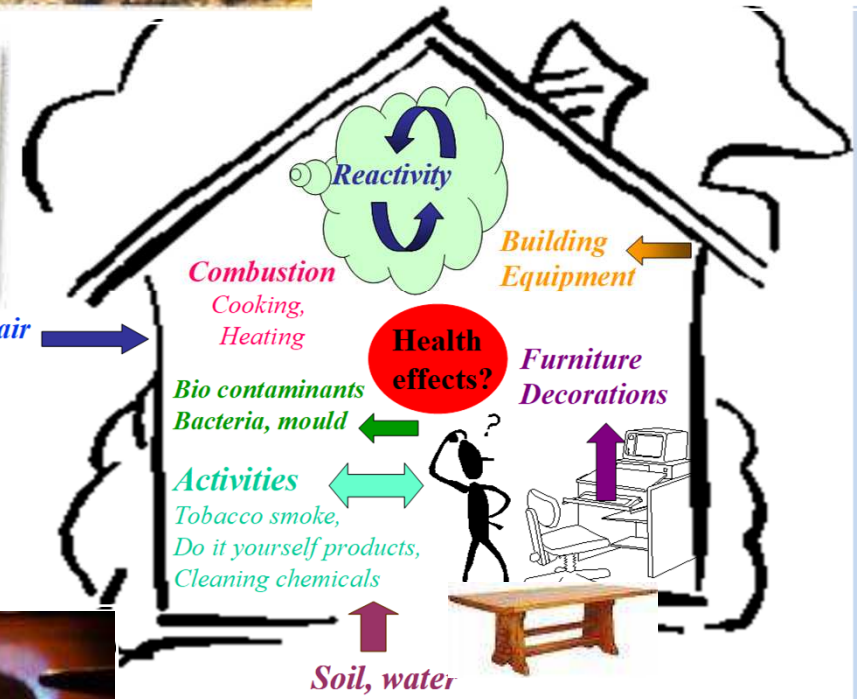


ion

House dust mite



Outdoor air Air flow



Biomass / Solid fuel

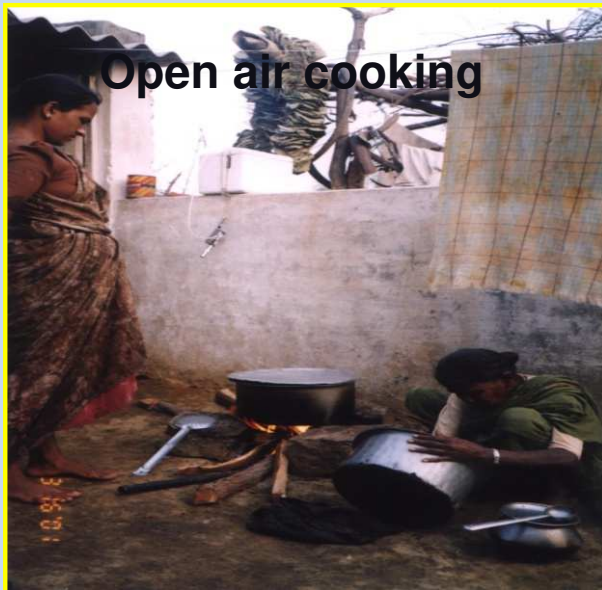
Seperate Kitchen outside the house



Indoor Kitchen With Partition



Open air cooking



Indoor Kitchen Without Partition



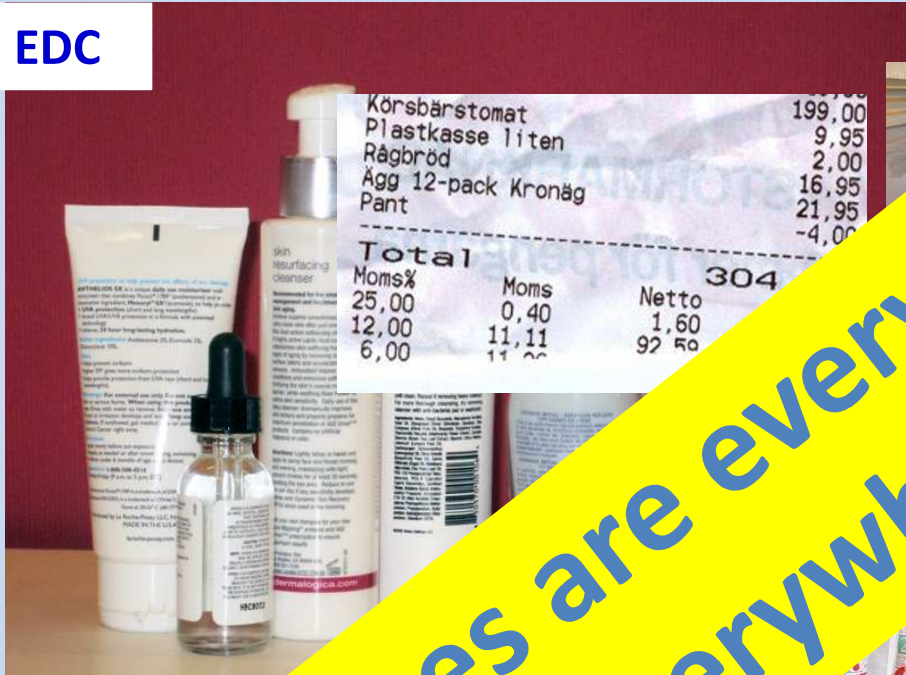
Emerging indoor air pollution

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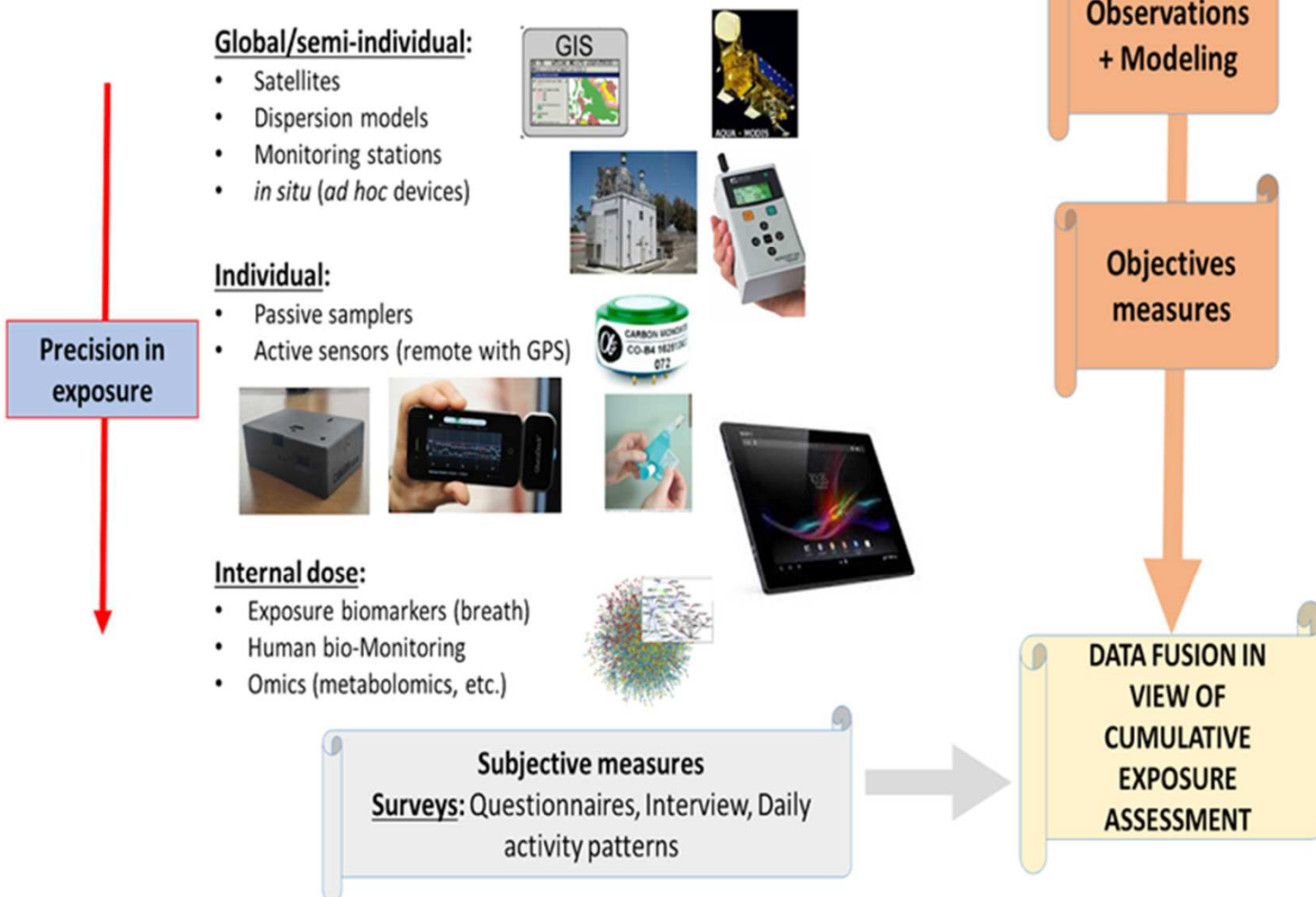


Sources are everywhere...
everywhere!



Une meilleure mesure de la pollution atmosphérique

Levels of air pollution exposure assessment



Air quality and health impacts

Nikos Kalivitis¹, Stefania Papatheodorou², Cara Nichole Maesano³, and Isabella Annesi-Maesano³

In: Atmospheric Chemistry in the Mediterranean:

François Dulac, Stéphane Sauvage, and Eric Hamonou Eds.



Individual assessments in real-time of:

PM₁, PM_{2.5}, PM₁₀

VOCs

T

Hum

Pressure

GPS

G. Pau LIP6 SU

Isabella Annesi-Maesano, EPAR

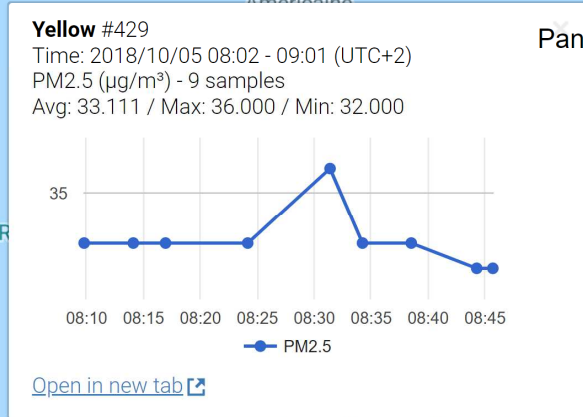
IPLESP, INSERM et SU

Plan Satellite

Date: 05/10/2018 Hour: 9 (0) UTC +2 Last 60 min. DOWNLOAD

Value: PM2.5 (µg/m³)

- Sensors
- Yellow
 - Yellow_TEST



GPS Data Place name, address... Last position Chart





A methodology for the characterization of portable sensors for air quality measure with the goal of deployment in citizen science

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^a Laboratoire des Sciences du Climat et de l'Environnement CNRS-CEA-UVSQ, IRSL, Gif-sur-Yvette, France

^b J'impact, Paris, France

^c J'impact, Paris, France

^d EPAR Team, INSERM et Sorbonne Université, Institut Pierre Louis de Médecine, Paris, France

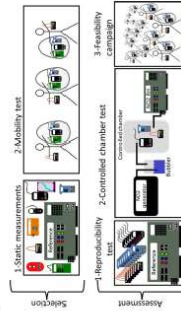
^e INSERM, Sorbonne Université, Institut Pierre Louis d'Épidémiologie et de Santé Publique, IRIESP, Nemets team, Paris, France

^f Université de Versailles, Saint-Quentin, Versailles, France

HIGHLIGHTS

- Small sensors for personal exposure monitoring are of questionable accuracy.
- A robust methodology was designed and used to select and assess sensors.
- The sensors were tested in the field (Paris) and in the laboratory (Chamber) (IEC, AQS1, Carclip, Canairin) were selected.
- The sensors were approved for personal exposure monitoring (BC, NO₂, PM₁₀).
- The results from a feasibility campaign involving 15 volunteers are presented.

GRAPHICAL ABSTRACT



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Academically Produced Air Pollution Sensors for Personal Exposure Assessment: The Canarin Project

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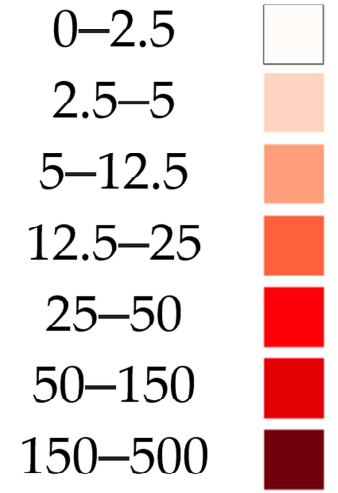
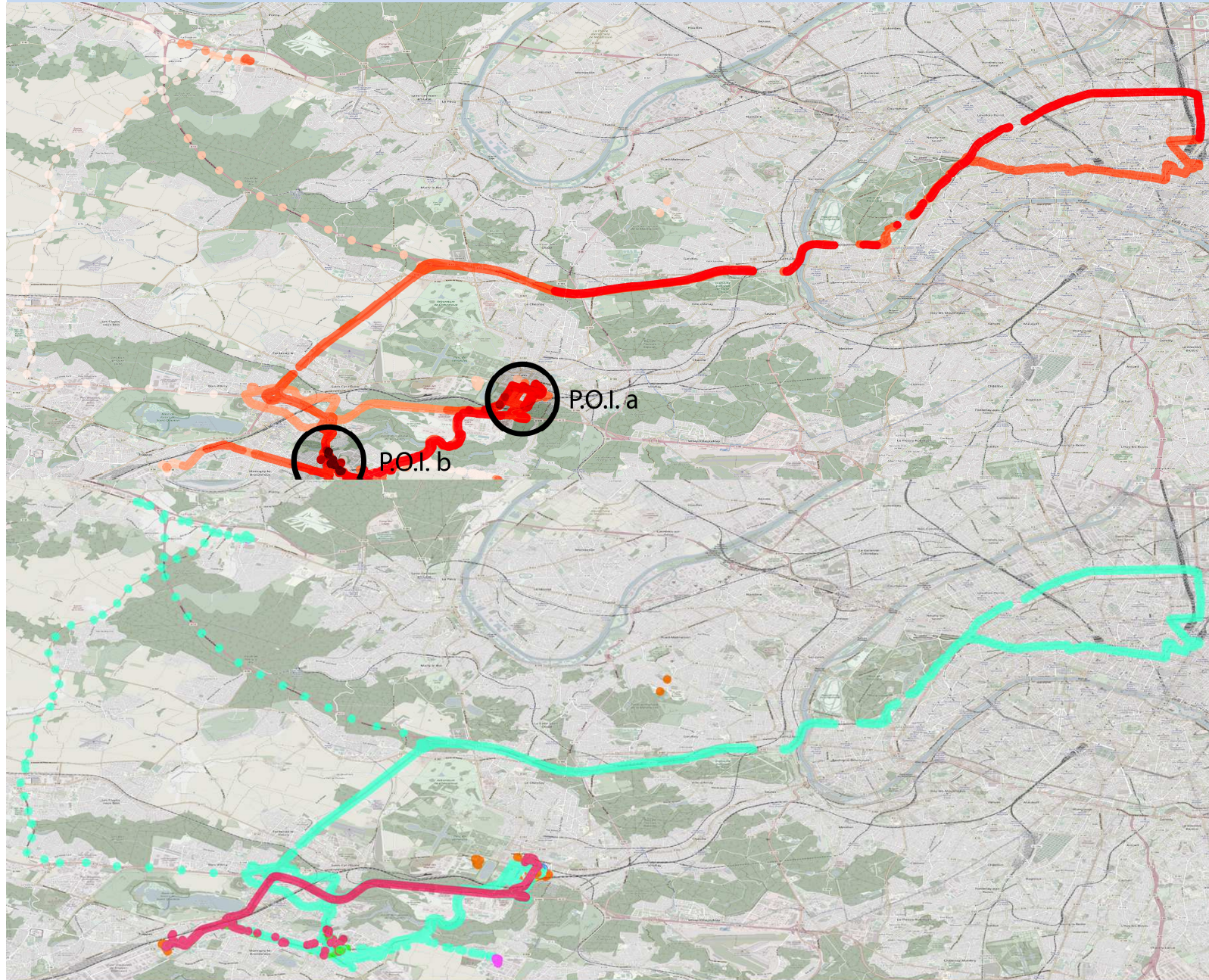
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Abstract: The World Health Organization has estimated that air pollution is a major threat to health, causing approximately nine million premature deaths every year. Each individual has, over their lifetime, a unique exposure to air pollution through their habits, working and living conditions. Medical research requires dedicated tools to assess and understand individual exposure to air pollution in view of investigating its health effects. This paper presents portable sensors produced by the Canarin Project that provides accessible, real time personal exposure data to particulate matter. Our primary results demonstrate the use of portable sensors for the assessment of personal exposure to the different micro-environments attended by individuals, and for inspecting the short-term effects of air pollution through the example of sleep apnea. These findings underscore the necessity of obtaining contextual data in determining environmental exposure and give perspectives for the future of air pollution sensors dedicated to medical research.

Citation: Dessimond, B.; Annesi-Maesano, I.; Pepin, J.-L.; Srairi, S.; Pau, C. Academically Produced Air Pollution Sensors for Personal

MOBILITE: Contextualisation des données







PM₁₀ $\mu\text{g}/\text{m}^3$



Des valeurs guides d'exposition plus protectives

Valeurs Guides OMS et UE

		Valeurs Guides OMS 2021 recommandées en $\mu\text{g}/\text{m}^3$	Valeurs Guides OMS 2005 recommandées en $\mu\text{g}/\text{m}^3$	Valeurs limites européennes réglementaires en $\mu\text{g}/\text{m}^3$
 Particules PM _{2,5}	Moyenne annuelle	5	10	25
	24h	15	25	-
 Particules PM ₁₀	Moyenne annuelle	15	20	40
	24h	45	50	50 <small>à ne pas dépasser + de 35 j/an</small>
 Dioxyde d'azote NO ₂	Moyenne annuelle	10	40	40
	24h	25	-	200 <small>à ne pas dépasser + de 18 h/an</small>
 Ozone O ₃	Pic saisonnier	60	-	-
	24h	100	100	-

Air pollution exposure in Europe



CrossMark



EDITORIAL
AIR POLLUTION

The clear and persistent impact of air pollution on chronic respiratory diseases: a call for interventions

Isabella Annesi-Maesano¹, Francesco Forastiere², John Balmes^{3,4,5}, Erika Garcia⁶, Jack Harkema⁷, Stephen Holgate⁸, Frank Kelly², Haneen Khreis⁹, Barbara Hoffmann¹⁰, Cara Nichole Maesano¹, Rob McConnell¹¹, David Peden¹², Kent Pinkerton¹³, Tamara Schikowski¹⁴, George Thurston¹⁵, Laura S. Van Winkle¹⁶ and Christopher Carlsten¹⁷

ERJ 2021

92-99% of the world population overexposed.

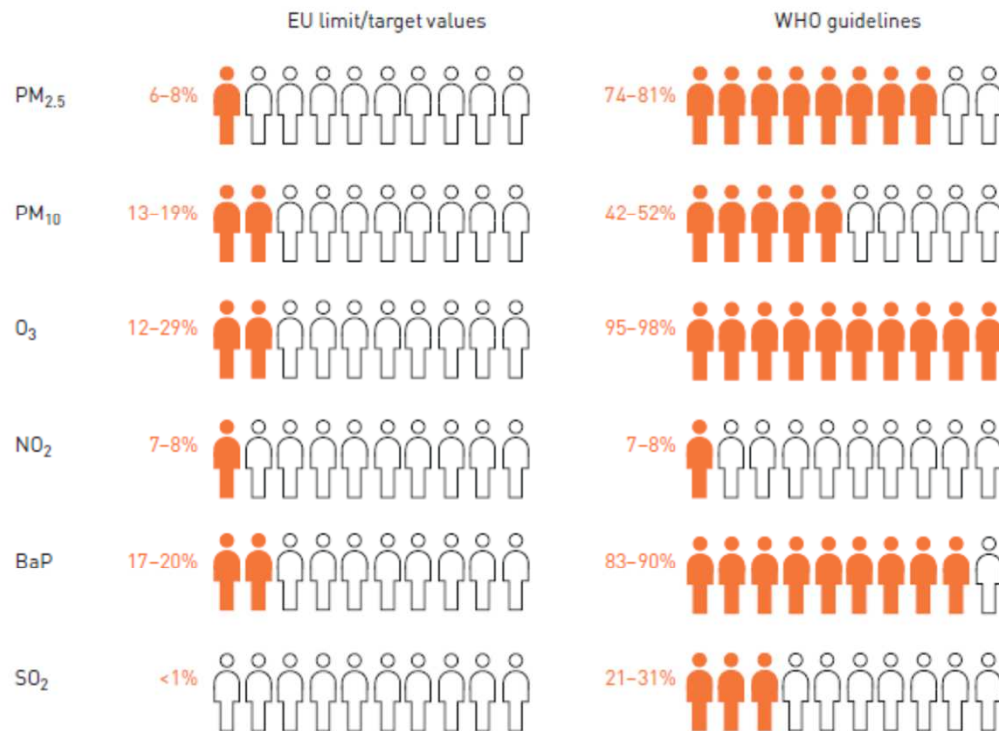
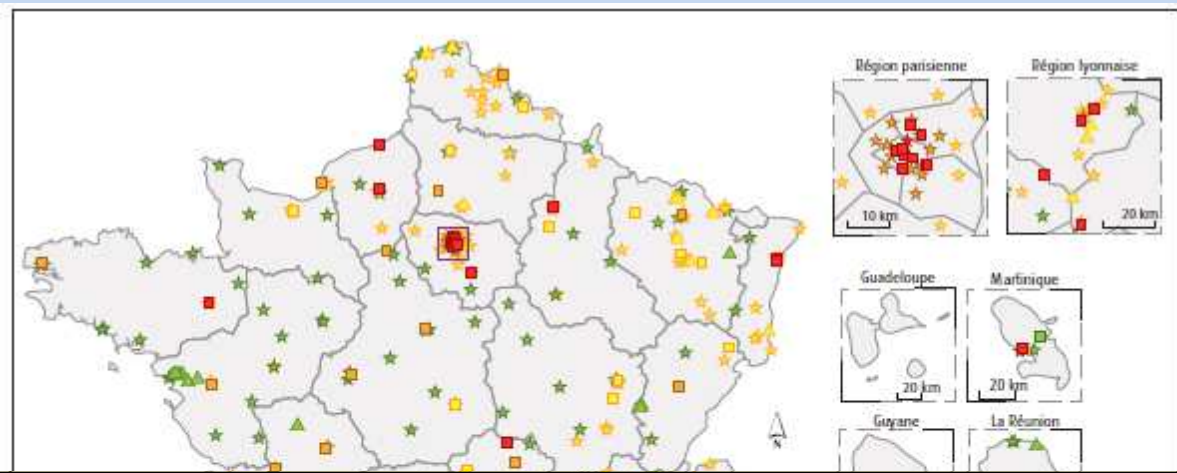


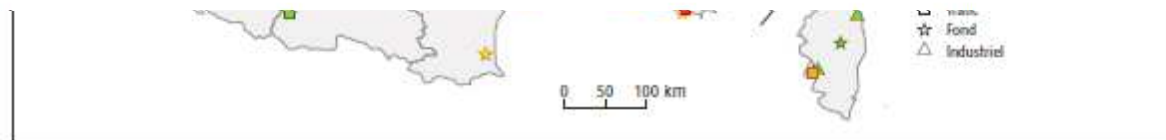
FIGURE 1 Exceedance of air quality standards and guidelines in European urban areas (data from www.eea.europa.eu/themes/air/health-impacts-of-air-pollution). WHO: World Health Organization; PM_{2.5}: particulate matter of diameter of 2.5 µm, PM₁₀: particulate matter of diameter of 10 µm; BaP: benzo[a]pyrene. EU reference values (annual value): PM_{2.5}: 25 µg·m⁻³, PM₁₀: 40 µg·m⁻³, NO₂: 40 µg·m⁻³, O₃: 120 µg·m⁻³ (8-h mean); SO₂: 125 µg·m⁻³ (24-h mean); BaP: 1 ng·m⁻³. WHO air quality guidelines: EU reference values (annual value): PM_{2.5}: 10 µg·m⁻³, PM₁₀: 20 µg·m⁻³, NO₂: 40 µg·m⁻³, O₃: 100 µg·m⁻³ (8-h mean); SO₂: 20 µg·m⁻³ (24-h mean); BaP: 0.12 ng·m⁻³.

Contentieux européen pour non respect de valeurs limites européennes



NO₂ Marseille, Paris, Clermont-Ferrand, Montpellier, Strasbourg, Lyon, Rouen, Toulon, Toulouse, Reims, Grenoble, Rennes, Nice, Tours, Saint-Etienne, Bordeaux, la zone urbaine régionale de

dioxyde (NO₂), benzo[a]pyrene and ozone (O₃)) except sulfur dioxide. In addition, current trends indicate that in the absence of substantial changes, particulate matter, NO₂ and O₃ will still exceed limits in 2020. Additional efforts must be made to comply with current standards and guidelines. These should include a more accurate and detailed monitoring of air pollutants, reduction of emissions and individual behaviour changes.



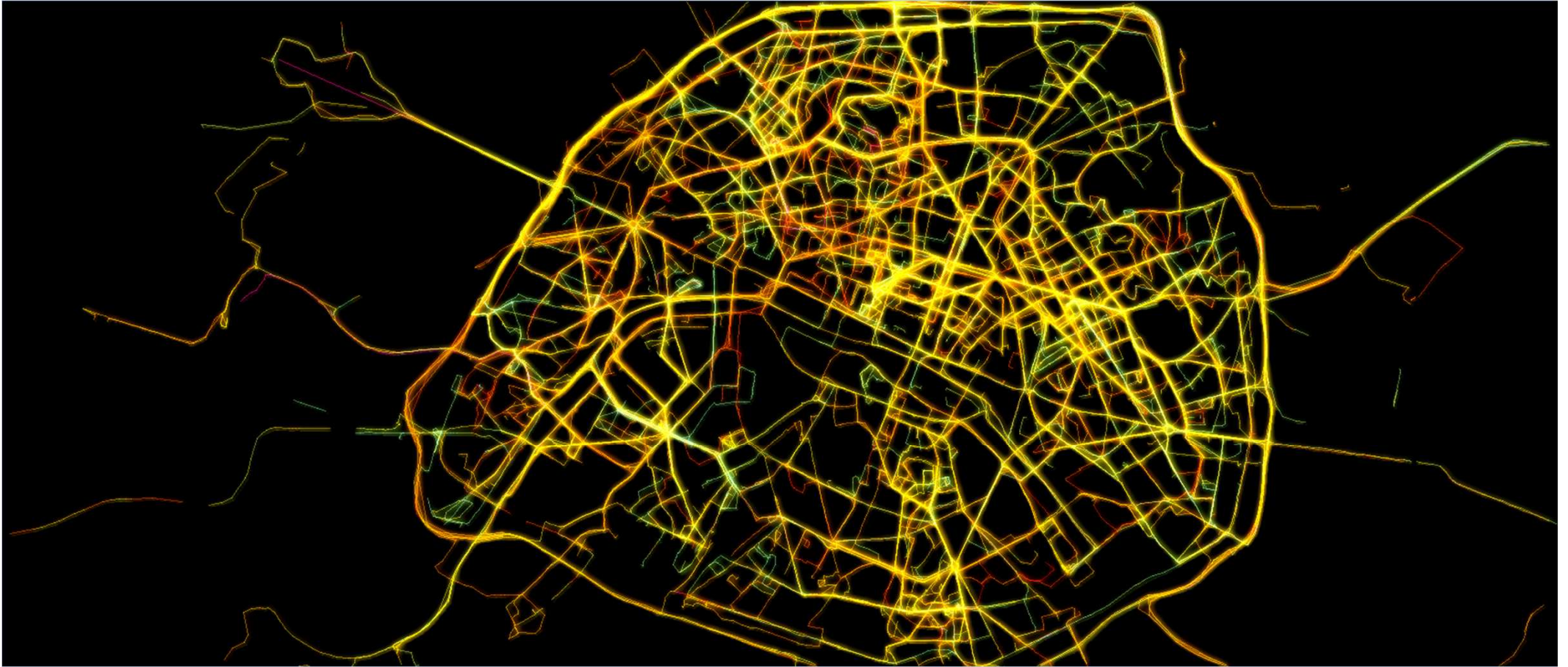
Note : seuil annuel pour la protection de la santé humaine : 40 µg.m⁻³.
Source : Géod'Air, mai 2015. Traitement : SCIES, 2015

PM10 : 10 zones et agglomérations

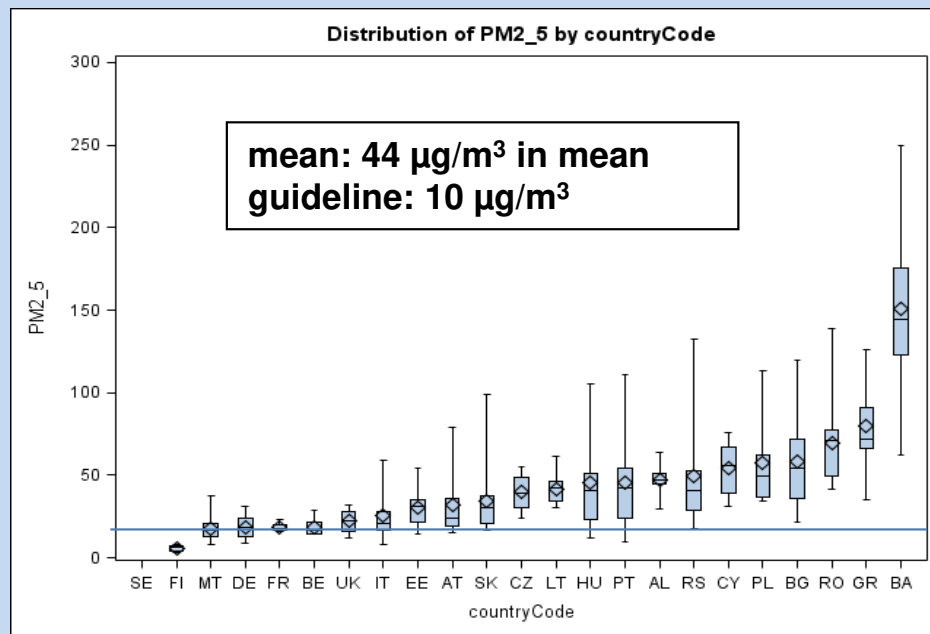
Paris, Lyon, Grenoble, Marseille, Martinique-ZUR, Rhône-Alpes-ZUR, PACA-ZUR, Nice, Toulon, et « Douai-Béthune-Valenciennes ».

SPIF 2022

Pollution in Paris



PM dans les classes de 23 pays Européens



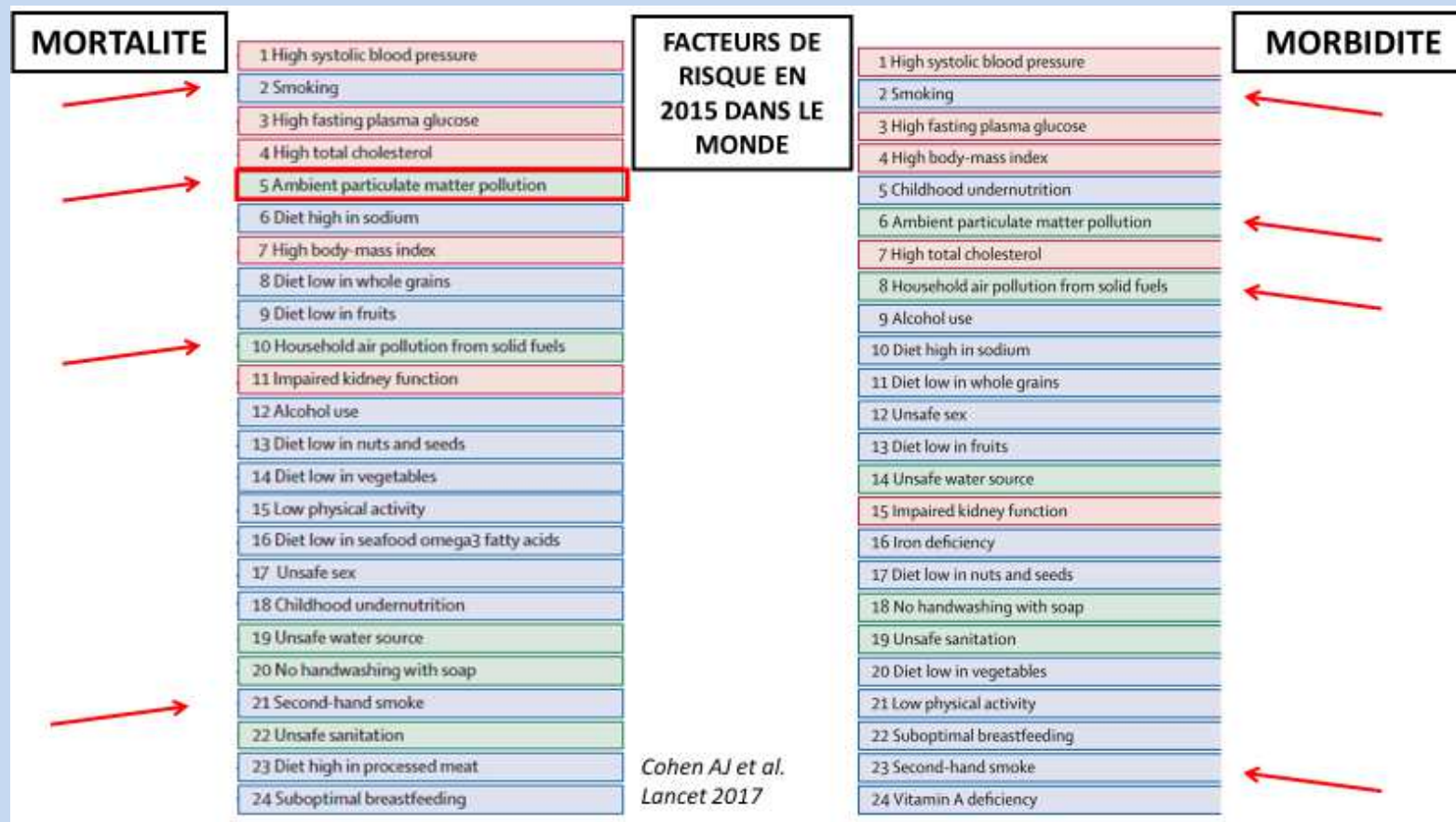
— = limit values

Par rapport aux valeurs guide OMS

- PM_{2.5}:
 - 13% exposés à > 25 µg/m³ (valeur 24h)
 - 85% exposés à > 10 µg/m³ (valeur annuelle)

Effets sanitaires de la pollution atmosphérique

Global Burden of Disease 2015



DALYs= sum of years lived with disability [YLD] and years of life lost [YLL]

<http://www.healthmetricsandevaluation.org/>

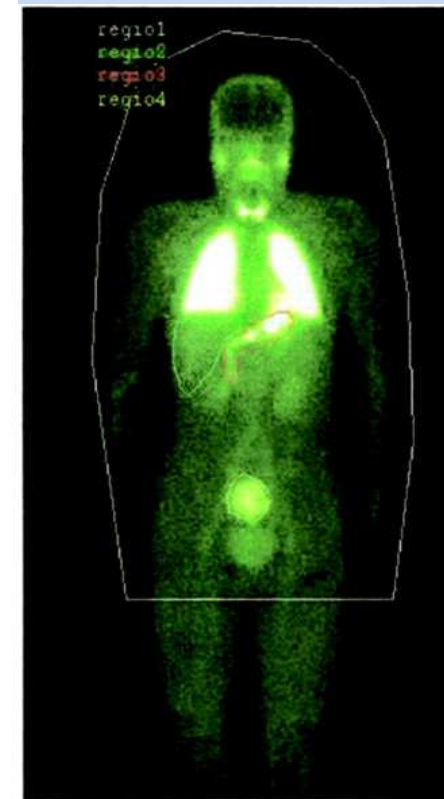
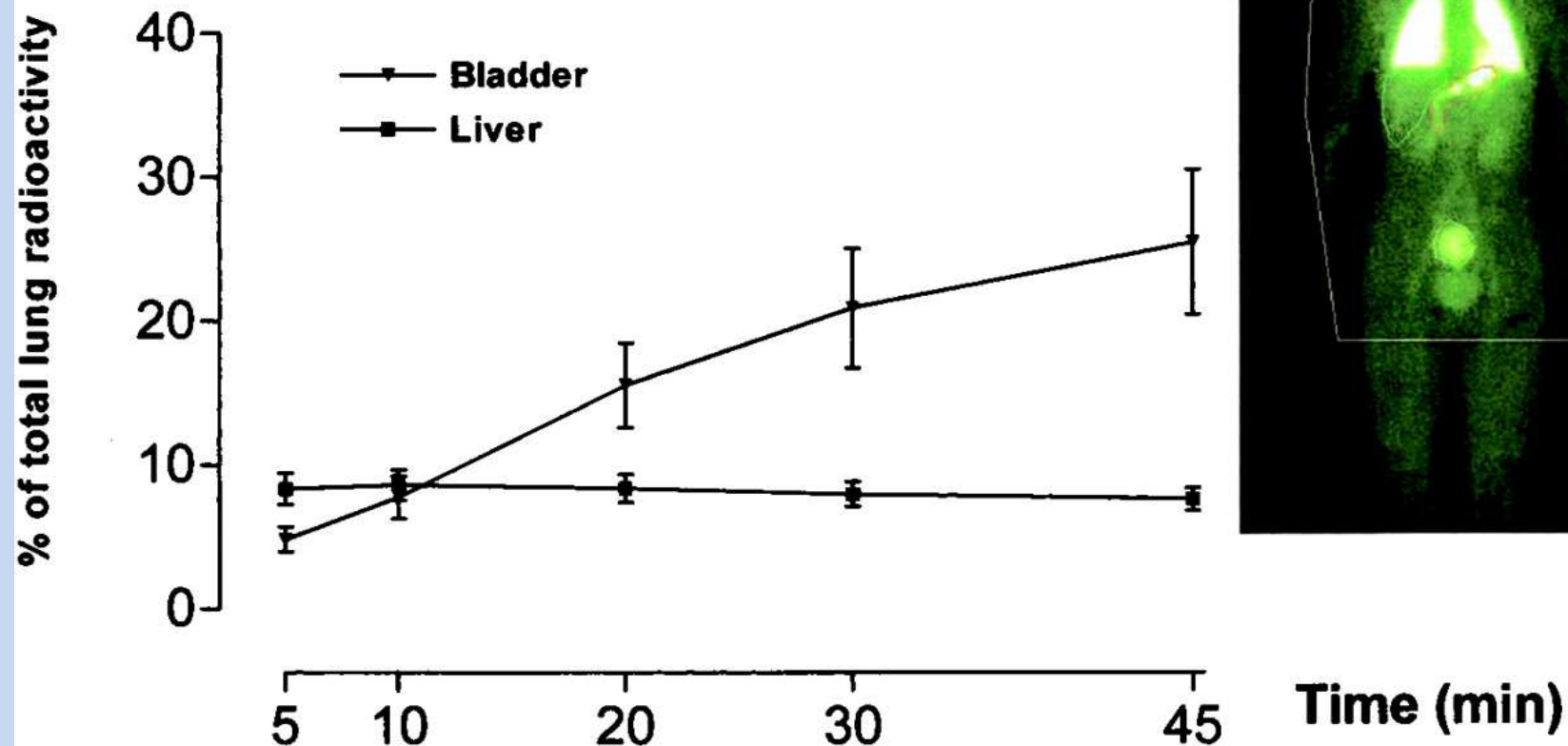
Qu'est-ce que nous avons récemment appris sur les effets sanitaires de la pollution de l'air?

1. La pollution atmosphérique touche plusieurs organes avec des effets à court ou à long terme
2. Il n'y a pas de seuil au dessous duquel les individus sont protégés
 - Effets observés aussi à des concentrations considérées comme protectives (selon les standards de l'OMS ou la CE) lorsqu'il s'agit d'expositions chroniques
 - Effets augmentés chez certains sujets, bien évidemment les sujets malades de maladies chroniques les enfants, les personnes âgées, mais aussi certaines personnes actives très exposées

Tous les organes sont atteints

Passage of Inhaled Particles Into the Blood Circulation in Humans. Nemmar et al. Circulation 2002;105:411.

Ultrafine carbon black particles labeled with Technetium-99 were detected in the blood of human volunteers within 5 – 20 minutes after inhalation



The radioactivity recorded over the liver and bladder expressed as a percentage of the initial lung radioactivity

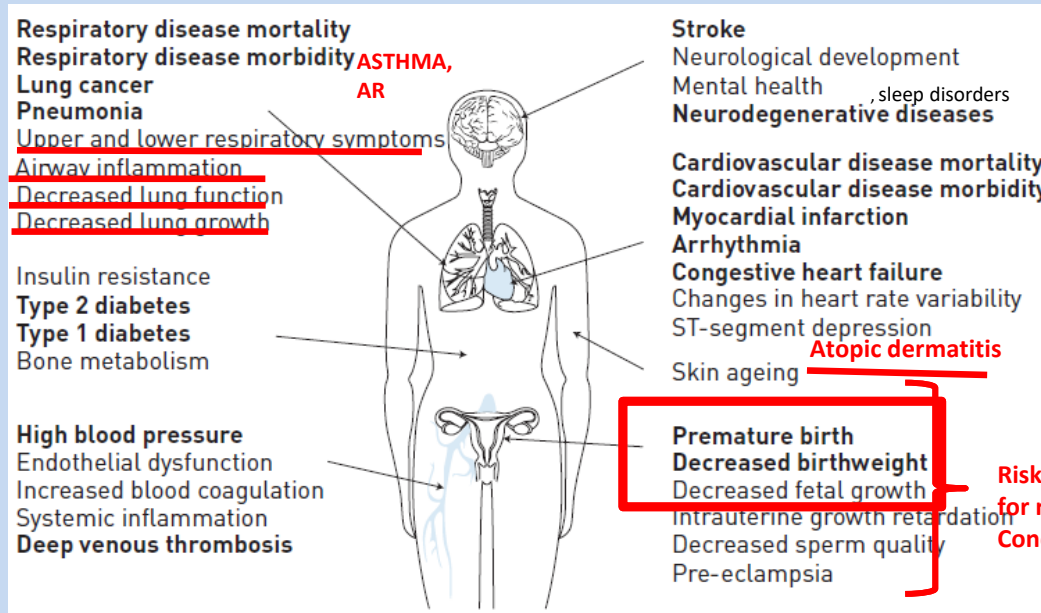
A joint ERS/ATS policy statement: what constitutes an adverse health effect of air pollution? An analytical framework

George D. Thurston¹, Howard Kipen², Isabella Annesi-Maesano³, John Balmes^{4,5}, Robert D. Brook⁶, Kevin Cromar⁷, Sara De Matteis⁸, Francesco Forastiere⁹, Bertil Forsberg¹⁰, Mark W. Frampton¹¹, Jonathan Grigg¹², Dick Heederik¹³, Frank J. Kelly¹⁴, Nino Kuenzli^{15,16}, Robert Laumbach², Annette Peters¹⁷, Sanjay T. Rajagopalan¹⁸, David Rich¹⁹, Beate Ritz²⁰, Jonathan M. Samet²¹, Thomas Sandstrom¹¹, Torben Sigsgaard²², Jordi Sunyer²³ and Bert Brunekreef^{13,24}

Several organs and diseases

Eur Respir J 2017; 49: 1600419

FIGURE 1 Overview of diseases, conditions and biomarkers affected by outdoor air pollution. Updated based on [31]. Bold type indicates conditions currently included in the Global Burden of Disease categories.



4 modes of penetration

1. Inhalation
2. Contact
3. Ingestion
4. Blood-brain barrier (via inhalation)

and actions on the fetus (placental passage)

Effets visibles à faibles doses

Qu'est-ce que nous avons appris sur les effets sanitaires de la pollution atmosphérique?

Des effets observés aussi à des concentrations considérées comme protectives

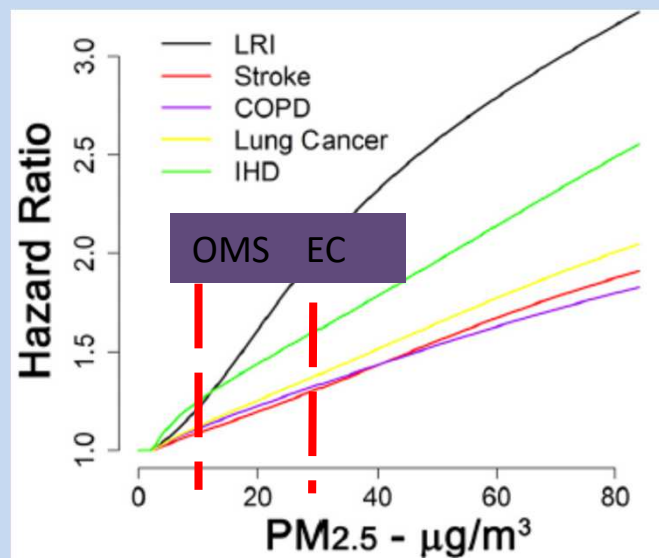
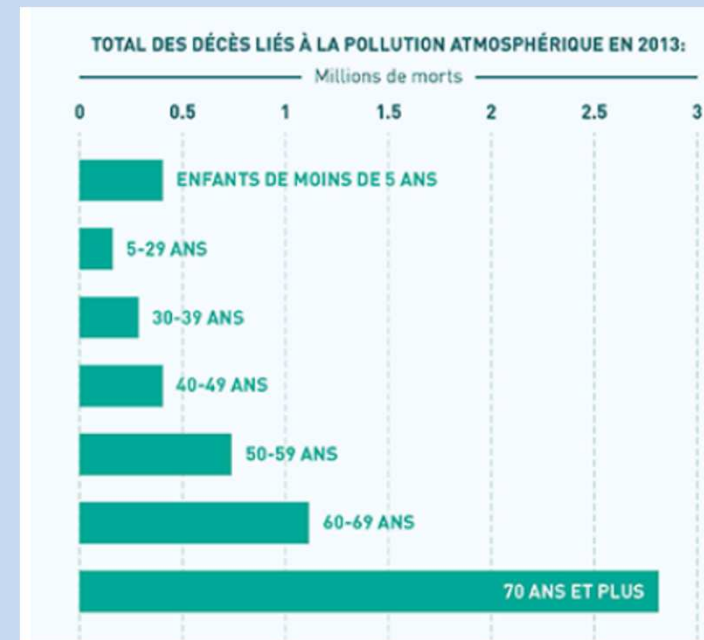


Fig. 1. GEMM hazard ratio predictions over PM_{2.5} exposure range for noncommunicable diseases plus LRIs (NCD+LRI). (Top) With 95% confidence interval (gray shaded area). (Bottom) GEMM predictions for each of the five causes of death displayed. GEMM NCD+LRI, GEMM IHD, and GEMM stroke were based on the 60- to 64-y-old age group.

Effets augmentés chez certains sujets



UN AIR IRRESPIRABLE

→ LA POLLUTION ATMOSPHÉRIQUE TUE ET COÛTE DE L'ARGENT ←



La pollution atmosphérique est le quatrième facteur de risque mortel dans le monde.

UN DES RISQUES ENVIRONNEMENTAUX LES PLUS MORTELS!

Les pertes en vies humaines provoquées par la pollution de l'air sont sources de souffrances et de ralentissement économique.

**CHAQUE ANNEE 16% DE
TOUS LES DECES
ATTRIBUABLES A LA
POLLUTION
ATMOSPHERIQUE**



La pollution atmosphérique coûte de l'argent

Article original

Évaluation à minima du coût de la pollution atmosphérique pour le système de soin français

CHRISTOPHE RAFENBERG^{1,2}
GILES DISSAULT^{1,4}
ISABELLA ANNESI-MAESANO^{1,2}

Résumé. Les évaluations réalisées en matière de coûts de la pollution de l'air se fondent le plus souvent sur une approche socio-économique et sur les coûts intangibles (valeur de la vie ou de la souffrance par exemple). Ce type d'évaluations est un sujet de controverses tant il est délicat de fixer ces valeurs en dehors d'un sujet de recherche

Chaque année:

En France (48 000-100 000 décès attribuables à la pollution chaque année)

- **2 milliards € de dépenses sanitaires pour maladies cardiopulmonaires** en 2012 (30% du déficit de la SS (Rafenberg & Annesi-Maesano)
- 100 milliards en calculant tous les coûts associés (Sénat)

Dans le monde (9 000 000 décès attribuables à la pollution de l'air)

- **225 milliards \$ = coût des décès prématurés sur l'économie mondiale, en termes de perte de revenus du travail**

DOMMAGES ÉCONOMIQUES

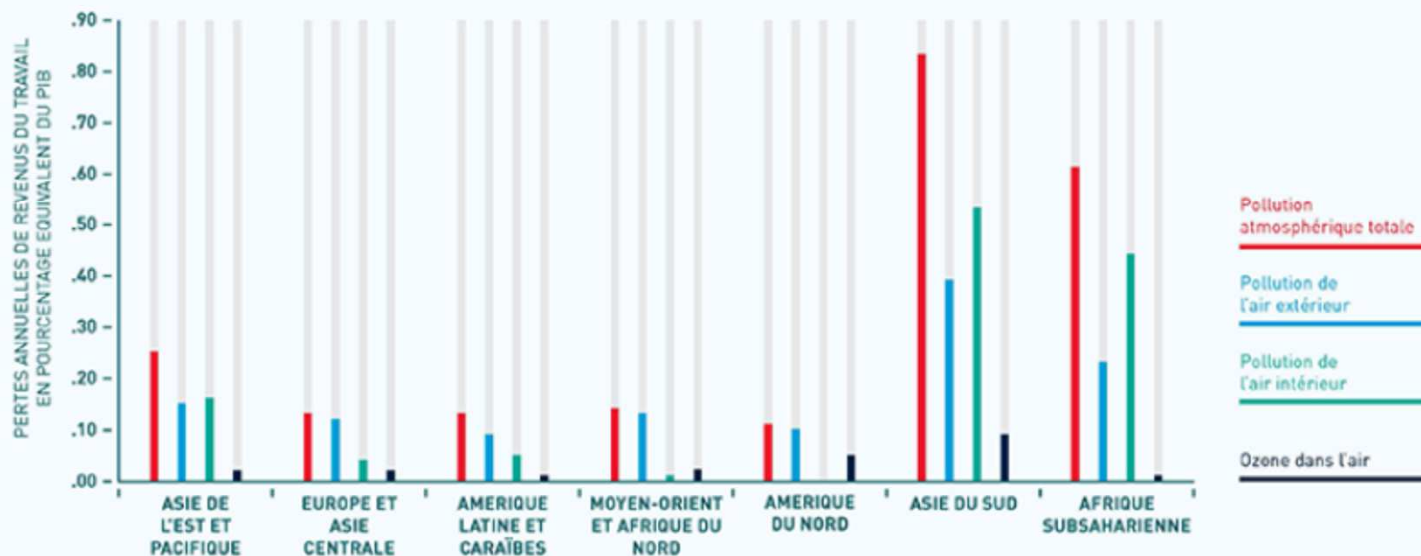
La pollution affecte la santé des gens de tout âge. Les décès prématurés des hommes et des femmes d'âge actif entraînent également des pertes de revenus pour l'économie nationale.

LES COÛTS VARIENT EN FONCTION DU CONTINENT ET DU TYPE DE POLLUTION ATMOSPHERIQUE



LES PERTES DE REVENUS LIÉES À LA POLLUTION DE L'AIR PAR RÉGION, 2013

Les pertes de revenus sont très importantes dans les régions où la population est jeune. Les pertes de revenus dans les pays d'Asie du Sud ont dépassé 66 milliards de dollars en 2013, l'équivalent de pratiquement 1% du PIB régional.



Impact de la réduction des émissions

BÉNÉFICES SANITAIRES
ATTENDUS D'UNE
ZONE À FAIBLES ÉMISSIONS
Évaluation quantitative d'impact sanitaire prospective
pour l'agglomération parisienne

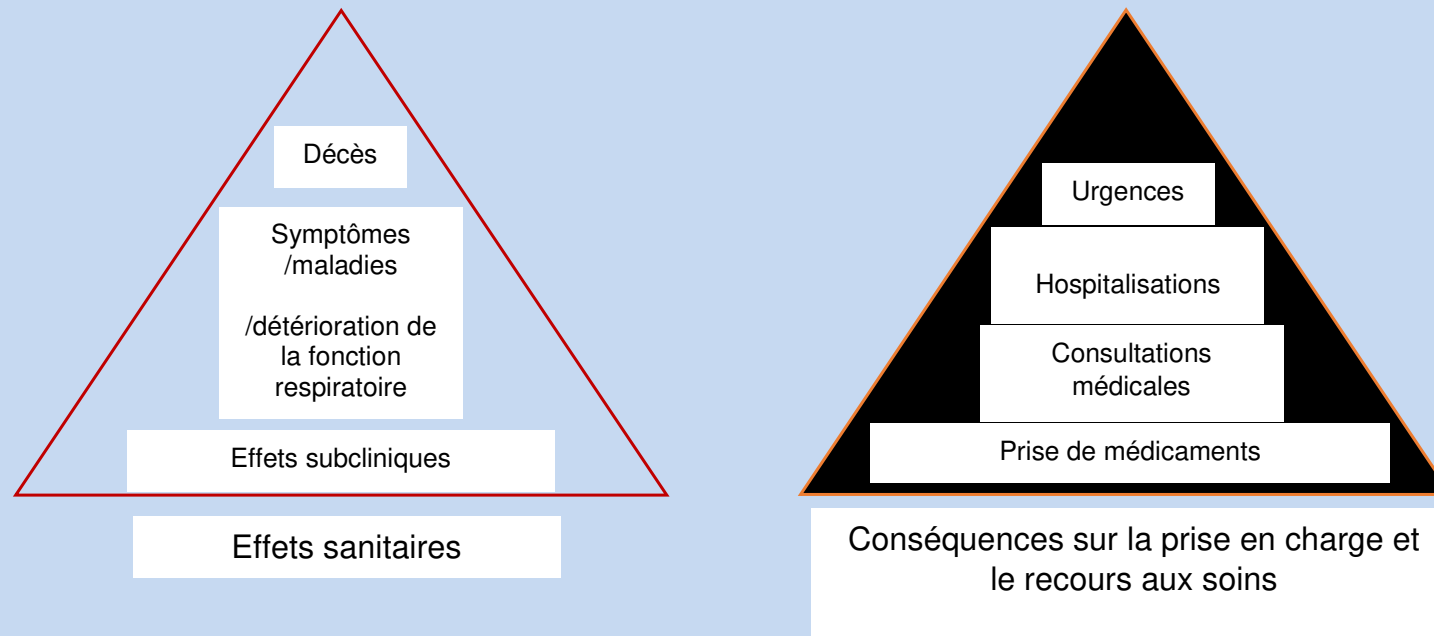


- En termes de mortalité : entre 110 et 340 décès évitables
- En termes de pathologies chroniques : entre 50 et 170 naissances de faibles poids, entre 40 et 130 cas de cardiopathie ischémique et entre 830 et 2 930 cas d'asthme évitables
- En termes d'exacerbations de symptômes de ces pathologies : entre 140 et 410 hospitalisations pour cardiopathie ischémique et entre 190 et 700 recours aux urgences pour asthme évitables).
- Pour le scénario le plus favorable, les décès évitables représentent une baisse de l'ordre de 5 % des décès évitables pour une baisse des niveaux de NO₂ à la valeur recommandée par l'OMS (20 µg/m³)

Impact sur la santé respiratoire

Pyramide des effets et des conséquences sur la prise en charge et le recours aux soins de l'impact de la pollution atmosphérique sur les allergies

- 2 types d'effets:
- À court terme
 - À long terme



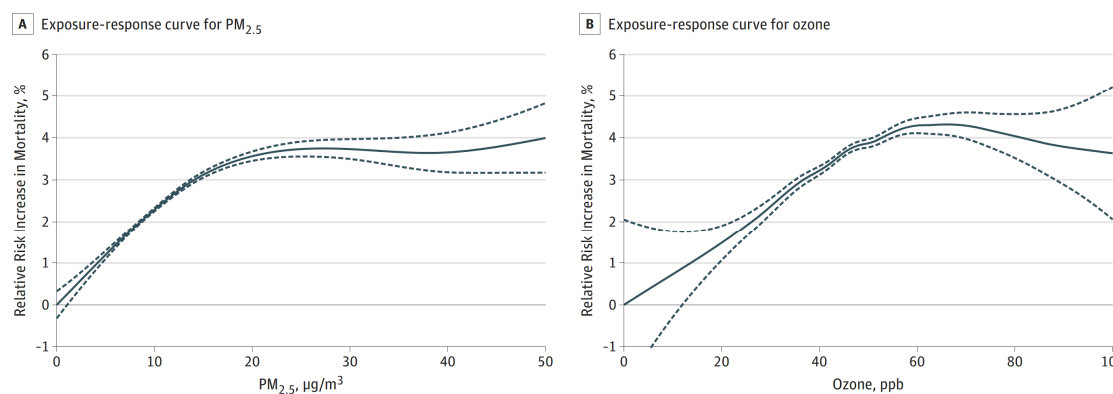
Asthme
BPCO
FPI
Cancers du poumon
Infections respiratoires

La base de la pyramide indique le pourcentage de la population atteinte

Table 2. Relative Risk Increase and Absolute Risk Difference of Daily Mortality Associated With Each 10- $\mu\text{g}/\text{m}^3$ Increase in $\text{PM}_{2.5}$ and Each 10-ppb Increase in Ozone

Air Pollutant Analysis	Relative Risk Increase, % (95% CI)		Absolute Risk Difference in Daily Mortality Rates, No. per 1 Million Persons at Risk per Day (95% CI) ^a	
	$\text{PM}_{2.5}$	Ozone ^b	$\text{PM}_{2.5}$	Ozone ^b
Main analysis ^c	1.05 (0.95-1.15)	0.51 (0.41-0.61)	1.42 (1.29-1.56)	0.66 (0.53-0.78)
Low-exposure analysis ^d	1.61 (1.48-1.74)	0.58 (0.46-0.70)	2.17 (2.00-2.34)	0.74 (0.59-0.90)
Single-pollutant analysis ^e	1.18 (1.09-1.28)	0.55 (0.48-0.62)	1.61 (1.48-1.73)	0.71 (0.62-0.79)
Nearest monitors analysis ^f	0.83 (0.73-0.93)	0.35 (0.28-0.41)	1.13 (0.99-1.26)	0.45 (0.37-0.53)

Figure 5. Estimated Exposure-Response Curves for Short-term Exposures to Fine Particulate Matter ($\text{PM}_{2.5}$) and Ozone



A 2-pollutant analysis with separate penalized splines on $\text{PM}_{2.5}$ (A) and ozone (B) was conducted to assess the percentage increase in daily mortality at various pollution levels. Dashed lines indicate 95% CIs. The mean of daily

exposure on the same day of death and 1 day prior (lag 01-day) was used as metrics of exposure to $\text{PM}_{2.5}$ and ozone. Analysis for ozone was restricted to the warm season (April to September). Ppb indicates parts per billion.

2000 – 2012
Toute la population Medicare
39 182 codes postaux

Qian Di, Lingzhen Dai, Yun Wang, Antonella Zanobetti, Christine Choirat, Joel D. Schwartz, et al. Association of Short-term Exposure to Air Pollution With Mortality in Older Adults. JAMA. 2017;318(24):2446-56.



1 *Article*

2 **Long-term effect of outdoor air pollution on mortality**
3 **and morbidity. A 12-year follow-up study for**
4 **Metropolitan France**

5 **Shreosi Sanyal** ^{1,*}, **Thierry Rocherau** ², **Cara Maesano** ¹, **Laure Com-Ruelle** ², **Isabella Annesi-**
6 **Maesano** ¹

Table 1: Long-term risk for mortality in 2012 associated with air pollution* exposure in 1999-2000 at the departmental level in Metropolitan France.

Model I	All-cause	Cardiovascular diseases	Respiratory diseases	Model II	All-cause	Cardiovascular diseases	Respiratory diseases
NO ₂	1.003 (1.003-1.004)**	1.000 (0.999-1.000)	0.994 (0.992-0.995)	NO ₂	1.002 (1.001-1.002)	1.003 (1.003-1.004)	0.998 (0.997-1.000)
PM _{2.5}	1.024 (1.022-1.026)	1.022 (1.015-1.029)	1.037 (1.029-1.044)	PM ₁₀	1.029 (1.027-1.031)	1.047 (1.045-1.051)	1.056 (1.043-1.069)
O ₃	1.002 (1.002-1.003)	0.999 (0.997-1.000)	1.009 (1.008-1.009)	O ₃	0.991 (0.990-0.991)	0.993 (0.941-1.049)	1.000 (0.999-1.002)

Note: *According to the CHIMERE dispersion model; **RR for 10 µg/m³ increase (95% Confidence Interval) of the air pollutant obtained with Poisson regression analysis controlled at municipal level for deprivation index, lung cancer mortality rates as proxy of tobacco smoking and total population.

Une certitude



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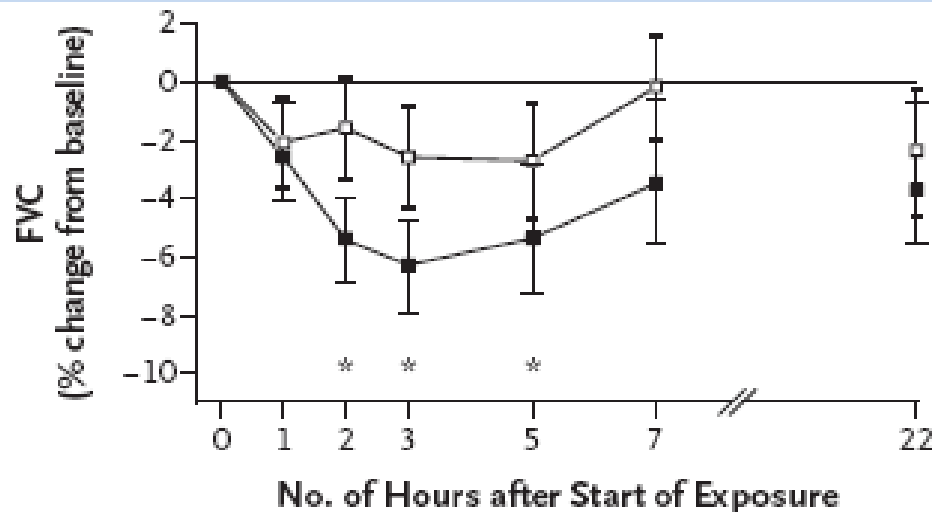
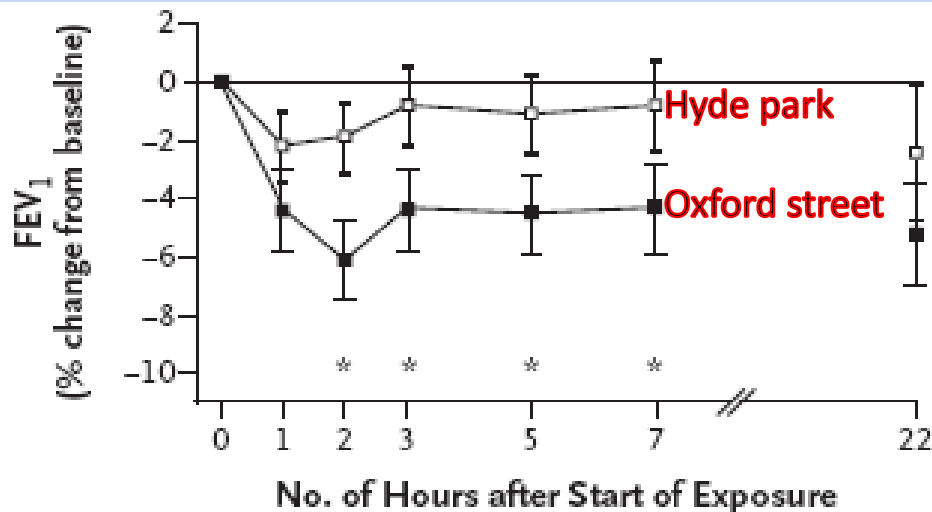
The clear and persistent impact of air pollution on chronic respiratory diseases: a call for interventions

Isabella Annesi-Maesano ¹, Francesco Forastiere², John Balmes^{3,4,5}, Erika Garcia ⁶, Jack Harkema⁷, Stephen Holgate⁸, Frank Kelly², Haneen Khreis⁹, Barbara Hoffmann¹⁰, Cara Nichole Maesano¹, Rob McConnell¹¹, David Peden ¹², Kent Pinkerton¹³, Tamara Schikowski¹⁴, George Thurston¹⁵, Laura S. Van Winkle¹⁶ and Christopher Carlsten ¹⁷

Affiliations: ¹Sorbonne Université and INSERM, Epidemiology of Allergic and Respiratory Diseases Dept, Institut Pierre Louis of Epidemiology and Public Health, Paris, France. ²Environmental Research Group, King's College, London, UK. ³University of California Berkeley-University of California San Francisco Joint Medical Program, Berkeley, CA, USA. ⁴School of Public Health, University of California, Berkeley, CA, USA. ⁵Dept of Medicine, School of Medicine, University of California, San Francisco, CA, USA. ⁶Dept of Preventive Medicine, Keck School of Medicine, University of Southern California, Los Angeles, CA, USA. ⁷Dept of Pathobiology and Diagnostic Investigation, College of Veterinary Medicine, Michigan State University, East Lansing, MI, USA. ⁸Clinical and Experimental Sciences, Faculty of Medicine, University of Southampton, Southampton, UK. ⁹Center for Advancing Research in Transportation Emissions, Energy, and Health (CARTEEH), Texas A&M Transportation Institute (TTI), College Station, TX, USA. ¹⁰Institute for Occupational, Social and Environmental Medicine, Center for Health and Society, Heinrich Heine University of Düsseldorf

Respiratory Effects of Exposure to Diesel Traffic in Person with Asthma

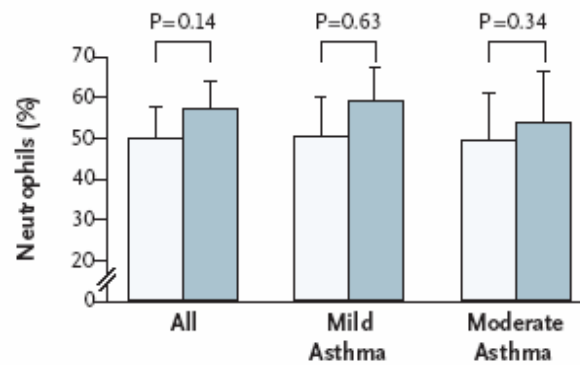




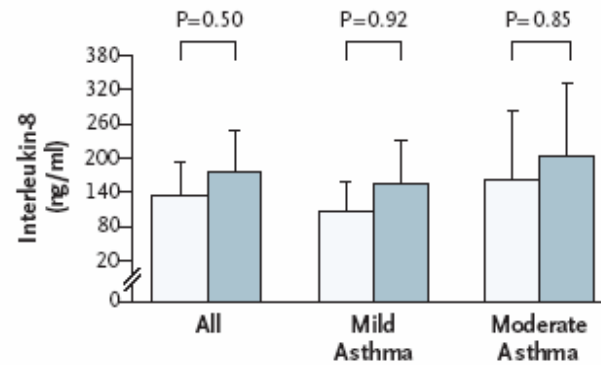
Walking for 2 hours on Oxford Street induced asymptomatic but consistent reductions in the forced expiratory volume in 1 second (FEV₁) (up to 6.1%) and forced vital capacity (FVC) (up to 5.4%).



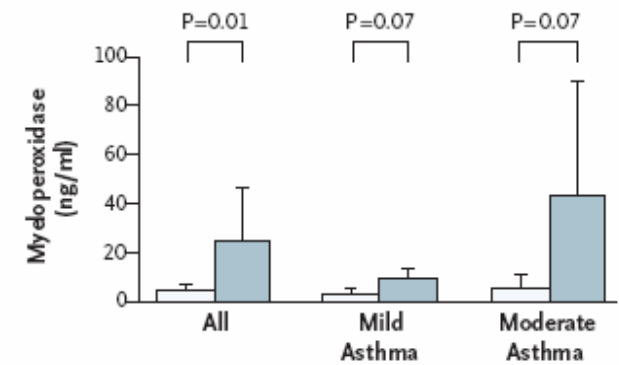
D Sputum Neutrophil Count



E Supernatant Interleukin-8



F Supernatant Myeloperoxidase

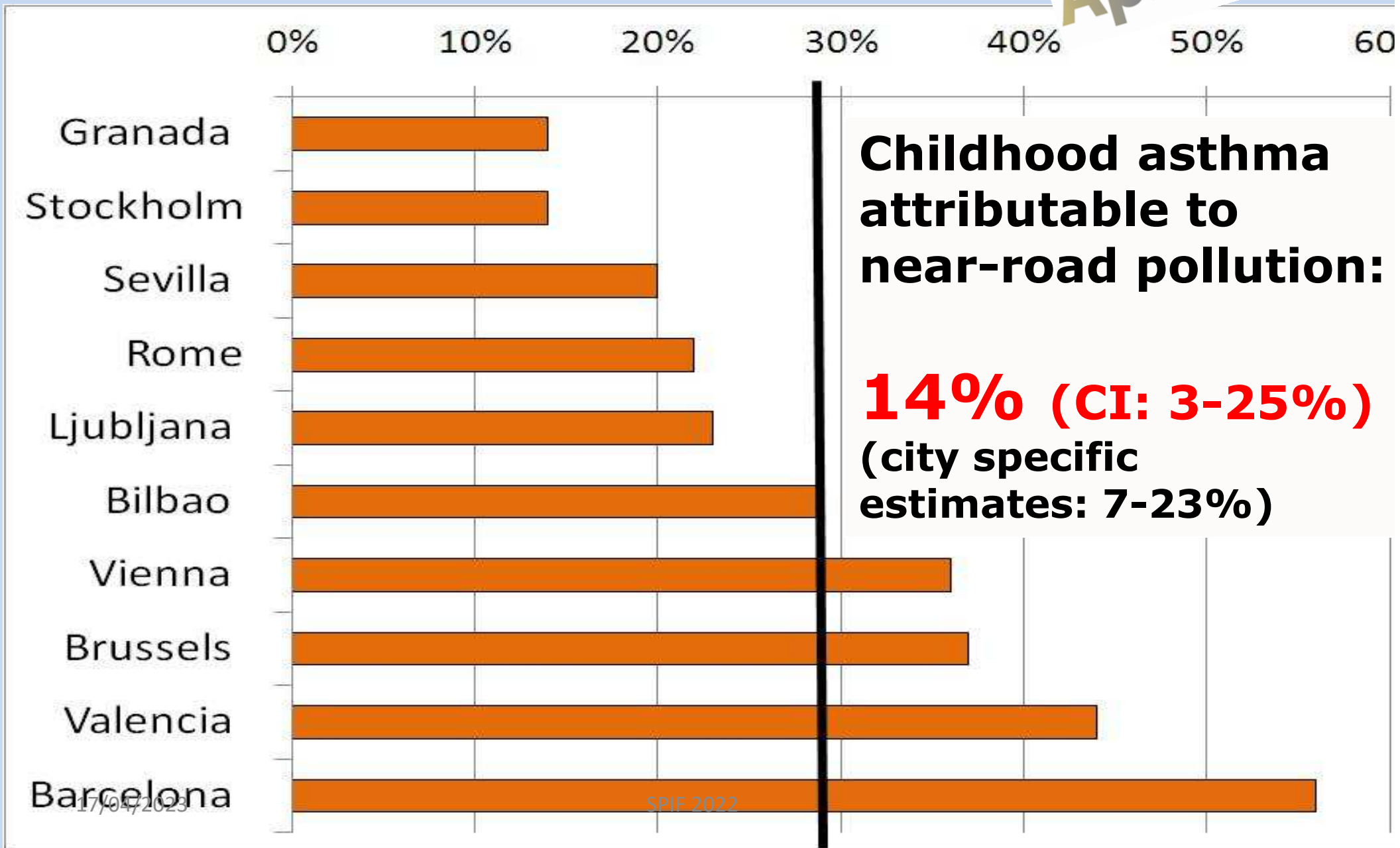


These changes were accompanied by increases in neutrophilic inflammation



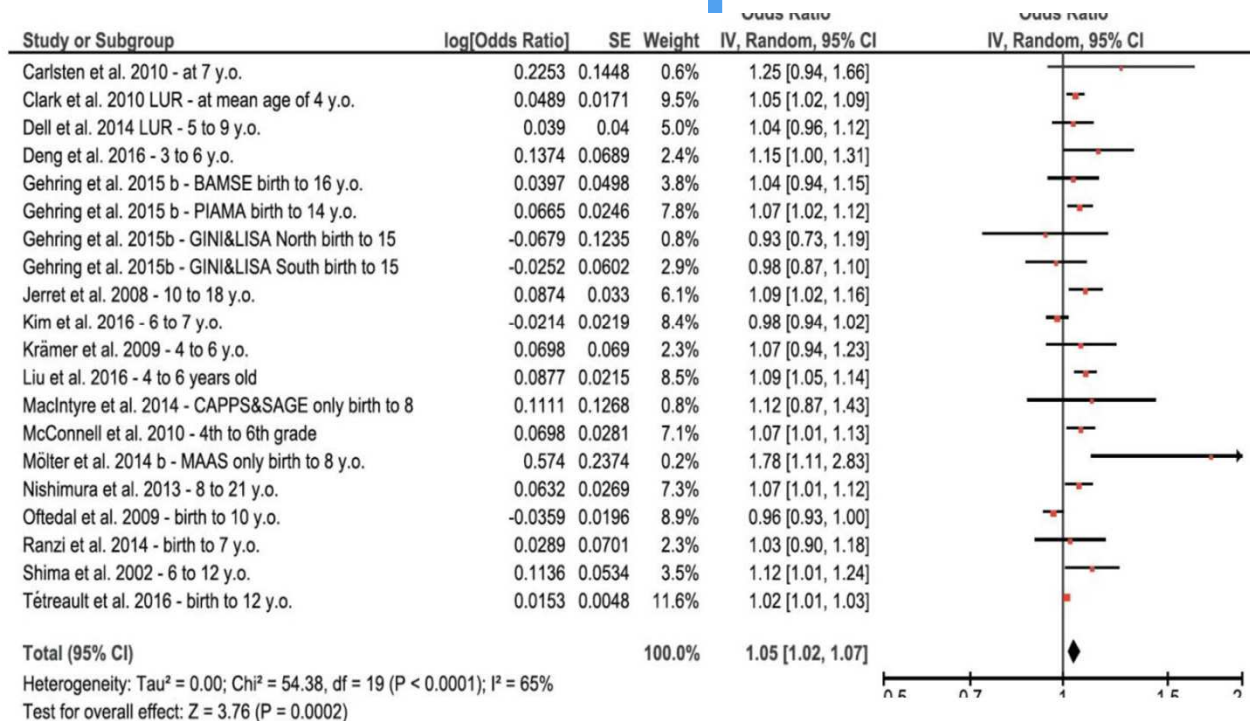
% of people living within 75 m of roads with >10'000 vehicles per day!

Perez et al, - Eur Respir J -2013



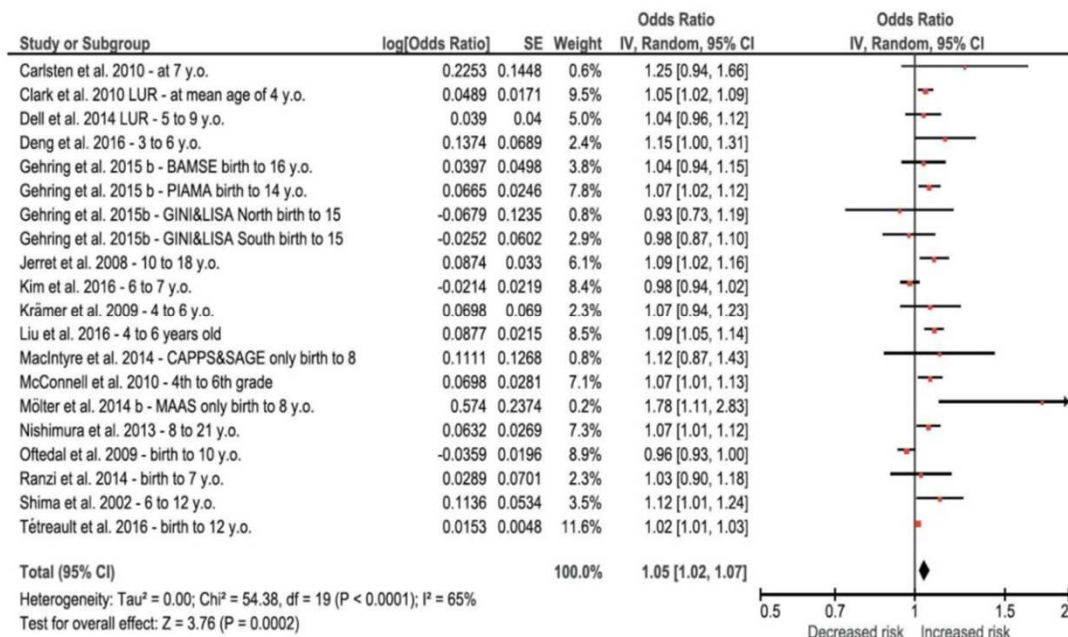
Outdoor Air Pollution and New-Onset Airway Disease. An Official American Thoracic Society Workshop Report

George D. Thurston, John R. Balmes, Erika Garcia, Frank D. Gilliland, Mary B. Rice, Tamara Schikowski, Laura S. Van Winkle, Isabella Annesi-Maesano, Esteban G. Burchard, Christopher Carlsen, Jack R. Harkema, [Show All...](#)



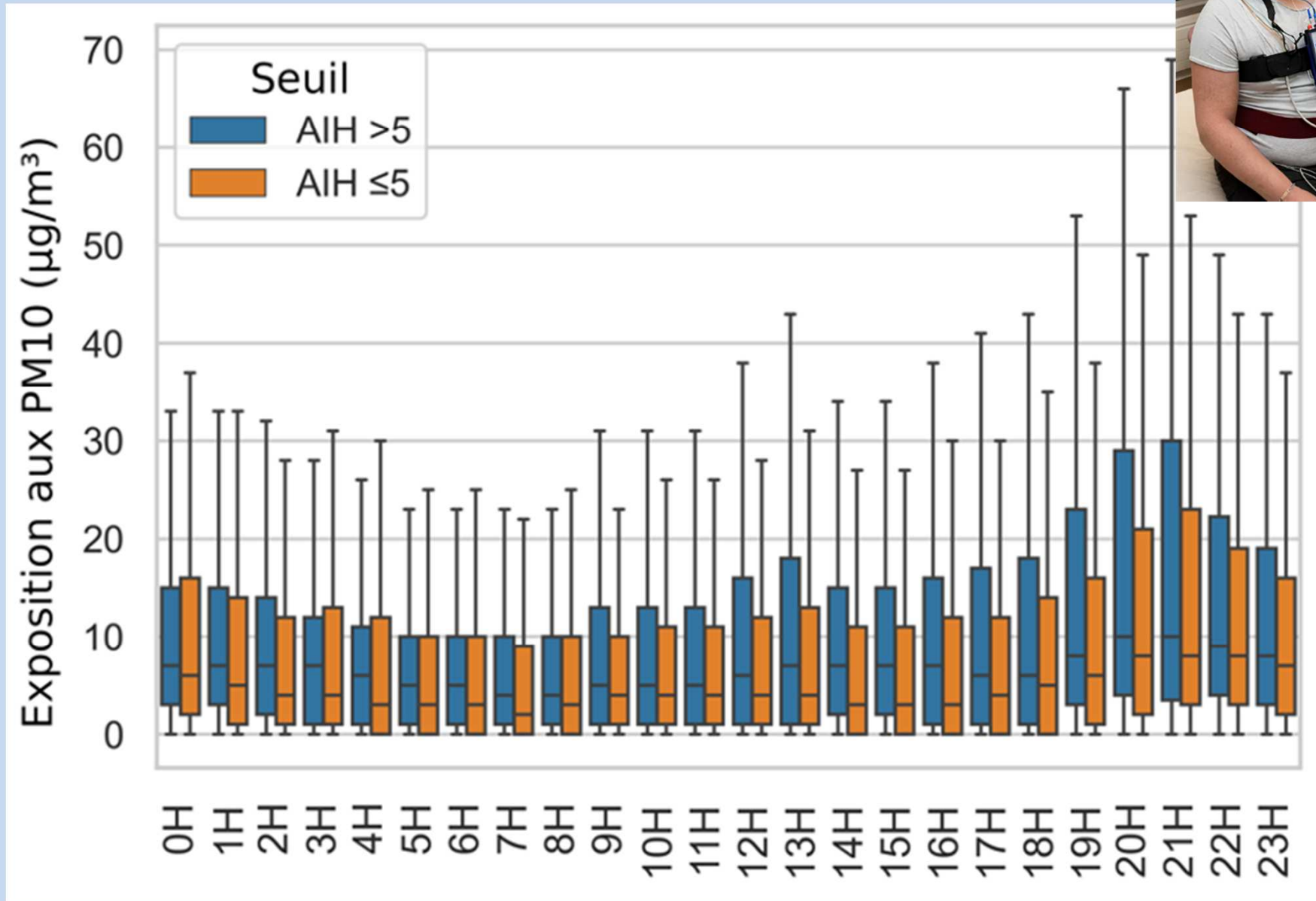
NO₂

BC

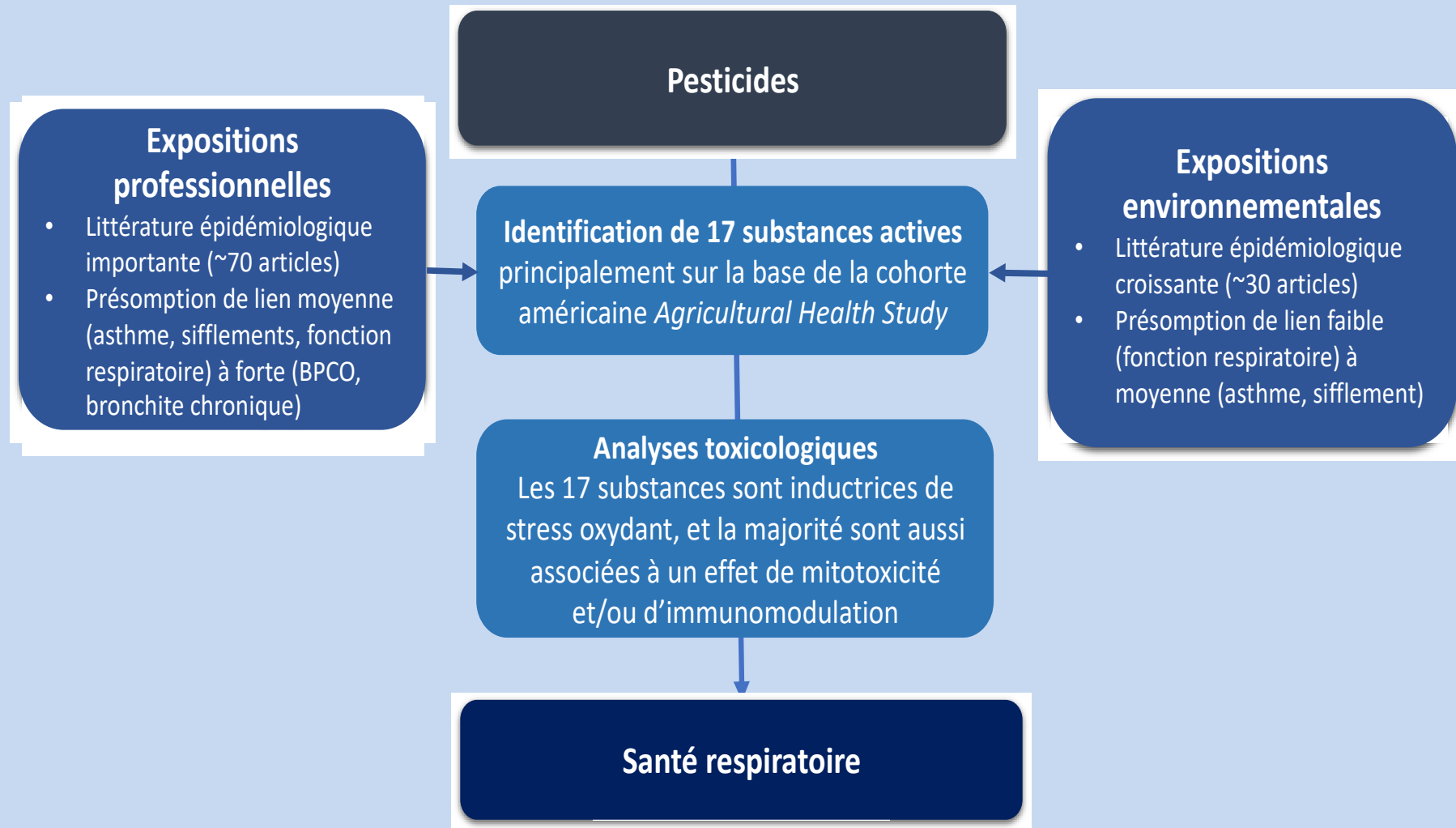


D'autres données récentes

Pollution particulaire et apnée du sommeil



Pesticides et asthme

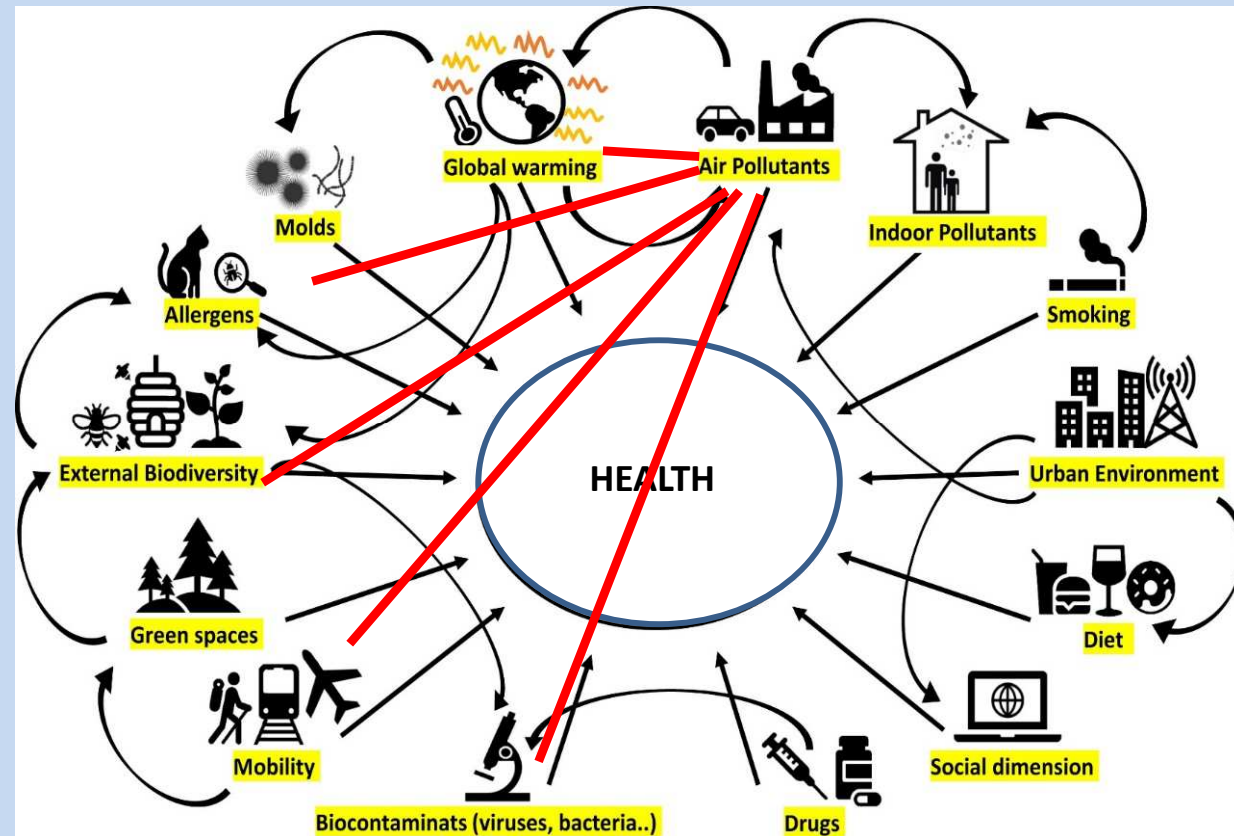


POUR REVENIR AU RATIONALE

- La prévalence des pathologies respiratoires augmente.
- Cela ne peut être expliqué par des transformations génétiques (qui requièrent plusieurs années pour se produire).
- Cela peut être expliqué par des transformations environnementales.
- **Les facteurs environnementaux qui se sont modifiés en parallèle à l'augmentation des allergies doivent être mis en cause**
→ Pollution atmosphérique

Air quality is a part of the exposome and is a major actor of one health approach

Air pollution that may affect animal, human and vegetation health leading is associated with many environmental factors: new infectious agents.



Modified from: Call to action: Air pollution, asthma, and allergy in the exposome era
Isabella Annesi-Maesano, MD, PhD, DSc, Cara Nichole Maesano, PhD, Benedetta Biagioni, MD, Gennaro D'Amato, MD, Lorenzo Cecchi, MD, PhD

Interaction between pollen, molds and air pollutants

- ② Traffic-related pollutants can trigger the release of allergen-containing granules from grass pollen, and increase the bioavailability of airborne pollen allergens. (Motta et al 2006)

- ☐ Modifications of the pollen morphology following exposure to pollutants



Fig. 1. Examples of damaged pollen grains. Treatment of pollen samples to air or pollutants can induce structural damage of the grains. **a** Intact pollen. $\times 7,540$. **b** Pollen damaged following treatment to 50 ppm NO_2 . $\times 3,000$. **c** Pollen damaged following treatment to 0.7 ppm O_3 . PCG can be seen inside the broken grain. $\times 6,000$.

- ☐ Modifications of PCG release following exposure to pollutants

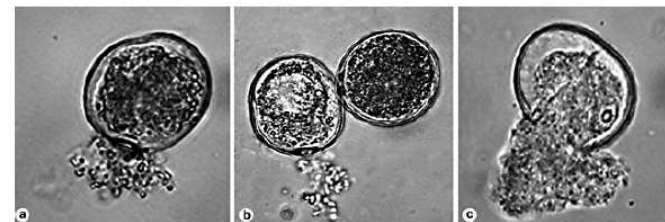



Fig. 2. Release of PCG following contact of pollen grains with water. PCG are expelled from the grain via the pore (**a**, **b**). Only a small proportion of the grains release their cytoplasm, and the remaining grains stay intact (**b**: intact grain on the right). However, in the fragile pollen, PCG release can also occur through breaks of the exine (**c**). $\times 400$.

PCG: Pollen cytoplasmic granules PCG

SPIF 2022

Pollution atmosphérique et COVID-19



REVIEW
INFECTIOUS DISEASE

The impact of outdoor air pollution on COVID-19: a review of evidence from *in vitro*, animal, and human studies

Thomas Bourdrel¹, Isabella Annesi-Maesano², Barrak Alahmad³,
Cara N. Maesano² and Marie-Abèle Bind⁴

Pros and cons for the role of air pollution on COVID-19 development
 Isabella Annesi-Maesano¹, Cara Nichole Maesano¹, Maria D'Amato², Gennaro D'Amato³ Allergy, 2021

¹INSERM and Sorbonne University, Epidemiology of Allergic and Respiratory Diseases Department, IPLESP, Paris, France
²First Division of Pneumology, High Speciality Hospital V. Monaldi and University Federico II Medical School Naples, Napoli, Italy.
³Division of Respiratory and Allergic Diseases, Department of Chest Diseases, High Specialty A. Cardarelli Hospital, Napoli, Italy and Medical School of Specialization in Respiratory Diseases, University on Naples Federico II

Title: COVID-19 Pandemic: A Wake-Up Call for Clean Air ATS Annals, 2021
Authors: Stephen A. Mein, MD¹, Isabella Annesi-Maesano, MD, PhD, DSc², Mary B. Rice, MD, MPH¹

Multidisciplinary Respiratory Medicine 2021; volume 16:741 WILEY PRESS

SHORT REPORT OPEN ACCESS

Do gene-environment interactions play a role in COVID-19 distribution? The case of Alpha-antitrypsin, air pollution and COVID-19

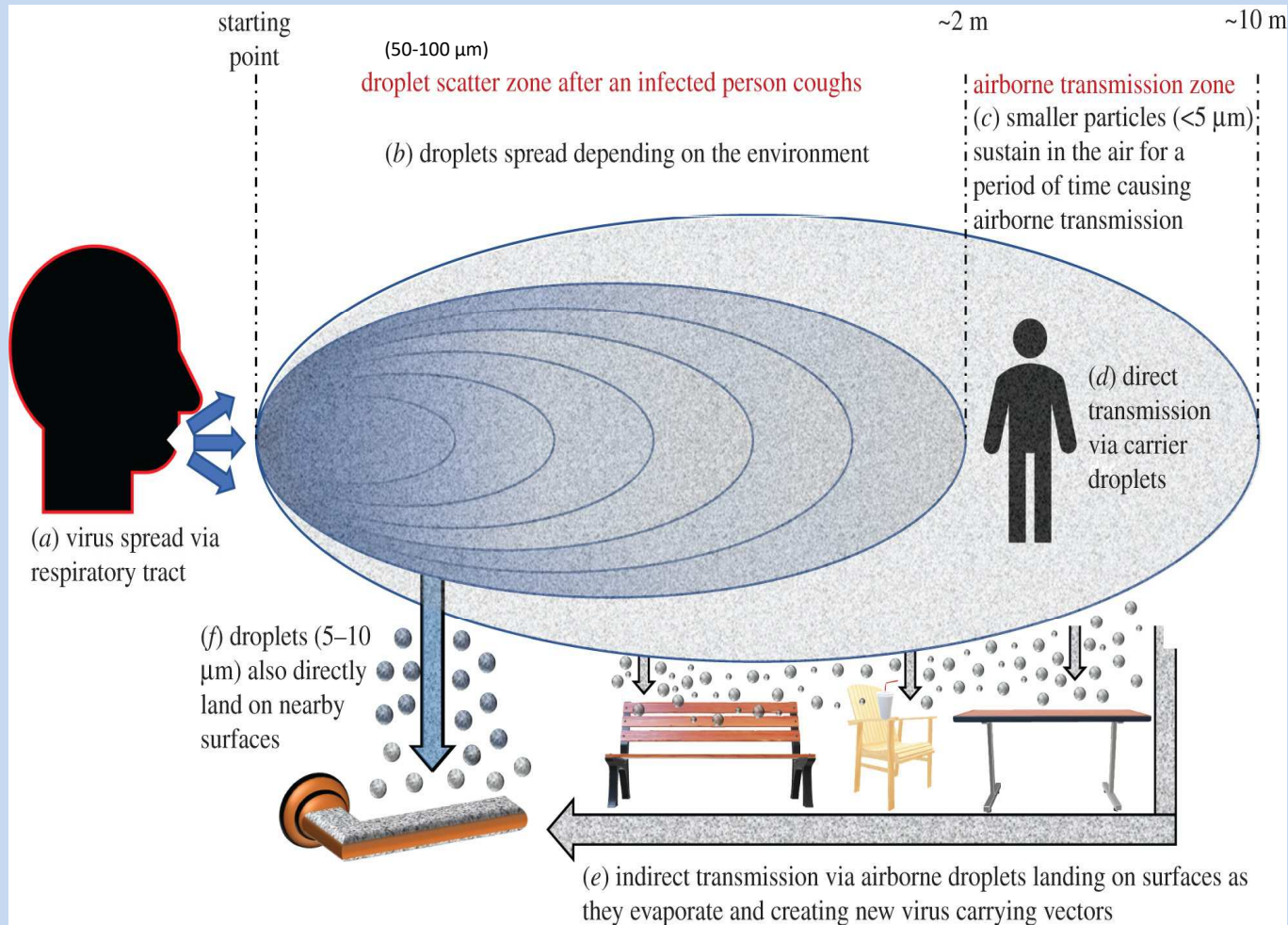
Nicola Murgia,¹ Angelo Guido Corsico,² Gennaro D'Amato,³ Cara Nichole Maesano,⁴ Arturo Tozzi,⁵ Isabella Annesi-Maesano⁴

Allergy EUROPEAN JOURNAL OF ALLERGY AND CLINICAL IMMUNOLOGY EAACI

Has the Spring 2020 lockdown modified the relationship between air pollution and COVID-19 mortality in Europe?

Journal:	Allergy
Manuscript ID	ALL-2021-01155.R2
Wiley - Manuscript type:	Letter
Date Submitted by the Author:	19-Jan-2022
Complete List of Authors:	Annesi-Maesano, Isabella; Montpellier Universite d'Excellence Maesano, Cara; Montpellier Universite d'Excellence Dessimond, Boris; Montpellier Universite d'Excellence Prud'homme, Julie; Montpellier Universite d'Excellence Calotte, Augustin; Institut National de l'Environnement Industriel et des Risques Banerjee, Soutrik; Montpellier Universite d'Excellence

SARS CoV-2 transmissions



The difference between droplet and airborne transmission

Droplet transmission	Airborne transmission
Coughs and sneezes can spread droplets of saliva and mucus	Tiny particles, possibly produced by talking, are suspended in the air for longer and travel further

Less than 5 microns

More than 5 microns

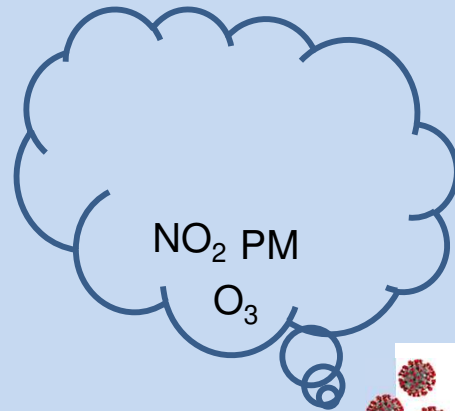
Droplets

Human hair: 60 - 120 microns wide

Source: WHO

BBC

Effets directs de la pollution atmosphérique rélevants dans le COVID



i)

Altération de la perméabilité des voies respiratoires**





** : ↘ fonctionnement des cellules ciliées des voies respiratoires
↘ phagocytose des macrophages,
↘ défense immunitaire respiratoire



Risque accru de contagion et de COVID-19

ii)

Effets sanitaires (surtout à long terme) de la pollution

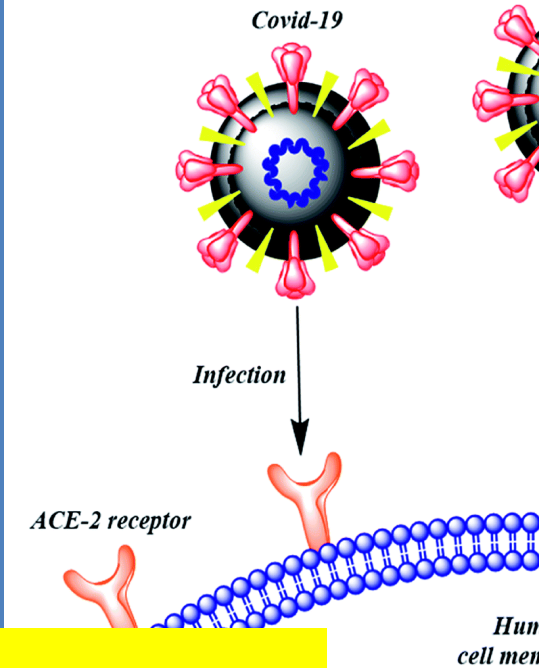
- Maladies cardiovasculaires 
- Maladies respiratoires 
- Maladies métaboliques (diabète, surpoids...)
- Maladies neurodégénératives 
- Maladies du rein 
- Cancer
- ...

Comorbidités du COVID 19

Mécanismes

First author [ref.]	Study location	Period	Air pollutants exposure	COVID-19 outcome	Findings: quantified results	Comments
Long-term exposure FATTORINI [29]	Italy (regions)	2010-2019	Daily data on distribution of NO ₂ , O ₃ , PM _{2.5} and PM ₁₀ and days exceeding regulatory limits during the last 4 years, and during the last decade (2010-2019) with limits exceeded for at least 35 days according to the national air quality monitoring system	Daily number of confirmed cases	Positive correlations in up to 71 provinces between PM _{2.5} , PM ₁₀ , O ₃ , and NO ₂ and cases (0.23 < R ² < 0.34)	No adjustments for meteorological factors and population density
Wu [30]	USA (all inland)	Up to 4	County-level	COVID-19 death	A 1 μm ⁻³ increase in	Main analysis adjusted

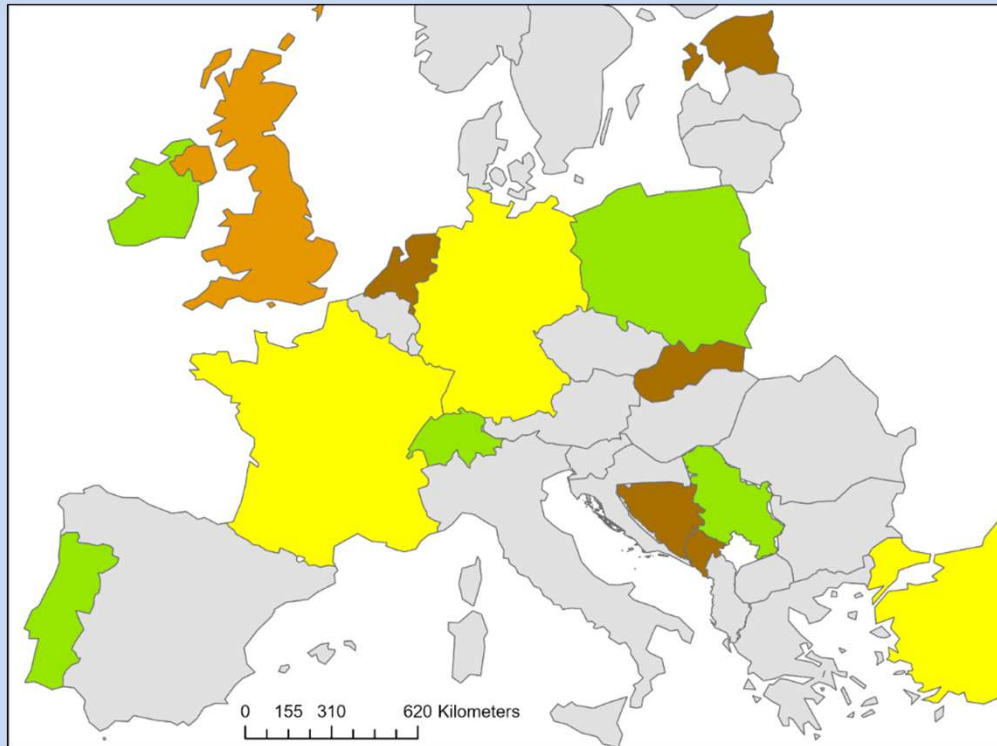
First author [ref.]	Study location	Period	Air pollut exposure
TRAVAGLIO [32]	UK Biobank data sources	2018 to 2019	Annual average daily measurements of NO ₂ , NO according to national air monitoring and high resolution pollution estimates (<2 km away self-reported address)
OGEN [33]	Europe (66 administrative regions in four countries: Italy, France, Germany, Spain)	Jan to Feb 2020	Tropospheric concentration of NO ₂ (Sentinel data) taking account vertical air flow
COLE [34]	The Netherlands (355 municipalities)	Up to 5 June 2020	Annual concentration of PM _{2.5} , NO ₂ averaged over



Hypothèse d'un coup unique

- L'enzyme de conversion de l'angiotensine-2 (ACE-2) est un récepteur pour les coronavirus, notamment les coronavirus 1 et 2 du syndrome respiratoire aigu sévère (SARSCoV)
- L'ACE-2 est surexprimée en cas d'exposition chronique à la pollution atmosphérique telle que à NO₂ and PM_{2.5}
- L'ACE-2 est augmentée dans le cas de certaines pathologies chroniques

relative risk (or hazard ratio) of excess COVID-19 mortality for PM_{2.5} and SARS-CoV-1 in China (assuming that SARS and COVID-19 mortality are similarly affected by long-term exposure to air pollution) from long-term exposure to air pollution using the exposure-response function of the WHO to estimate the attributable fraction



- Significant relationship both during and after the lockdown
- Significant relationship in the post-lockdown only
- Significant relationship during the lockdown but not after
- Significant relationship without lockdown
- No significant relationship

Has the Spring 2020 lockdown modified the relationship between air pollution and COVID-19 mortality in Europe?

Journal:	Allergy
Manuscript ID:	ALL-2021-01155.R2
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Date Submitted by the Author:	19-Jan-2022
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Intervention studies

A long terme



Interdiction du diesel à Tokyo en 2003 - maintien à Osaka

Déclin NO2 similaire Tokyo vs Osaka

Mais déclin plus important à Tokyo des PM 2,5

Après ajustement sur les taux de mortalité standardisés pour l'âge à Osaka

Le pourcentage de changement entre les **3 premières années** (Octobre 2000 à Septembre 2003) et les **3 dernières années** (Octobre 2009 à Septembre 2012) :

Toutes causes	- 6%
Causes cardio-vasculaires	-11%
Cardiopathies ischémiques	-10%
Maladies vasculaires cérébrales	- 6%
Maladies pulmonaires	- 22%
Cancer du poumon	- 5%

Yorifuji T, Kashima S, Doi H. Fine-particulate Air Pollution from Diesel Emission Control and Mortality Rates in Tokyo: A Quasi-experimental Study. *Epidemiology*. 2016;27(6):1.

Association of Improved Air Quality with Lung Development in Children

W. James Gauderman, Ph.D., Robert Urman, M.S., Edward Avol, M.S., Kiros Berhane, Ph.D., Rob McConnell, M.D., Edward Rappaport, M.S., Roger Chang, Ph.D., Fred Lurmann, M.S., and Frank Gilliland, M.D., Ph.D.

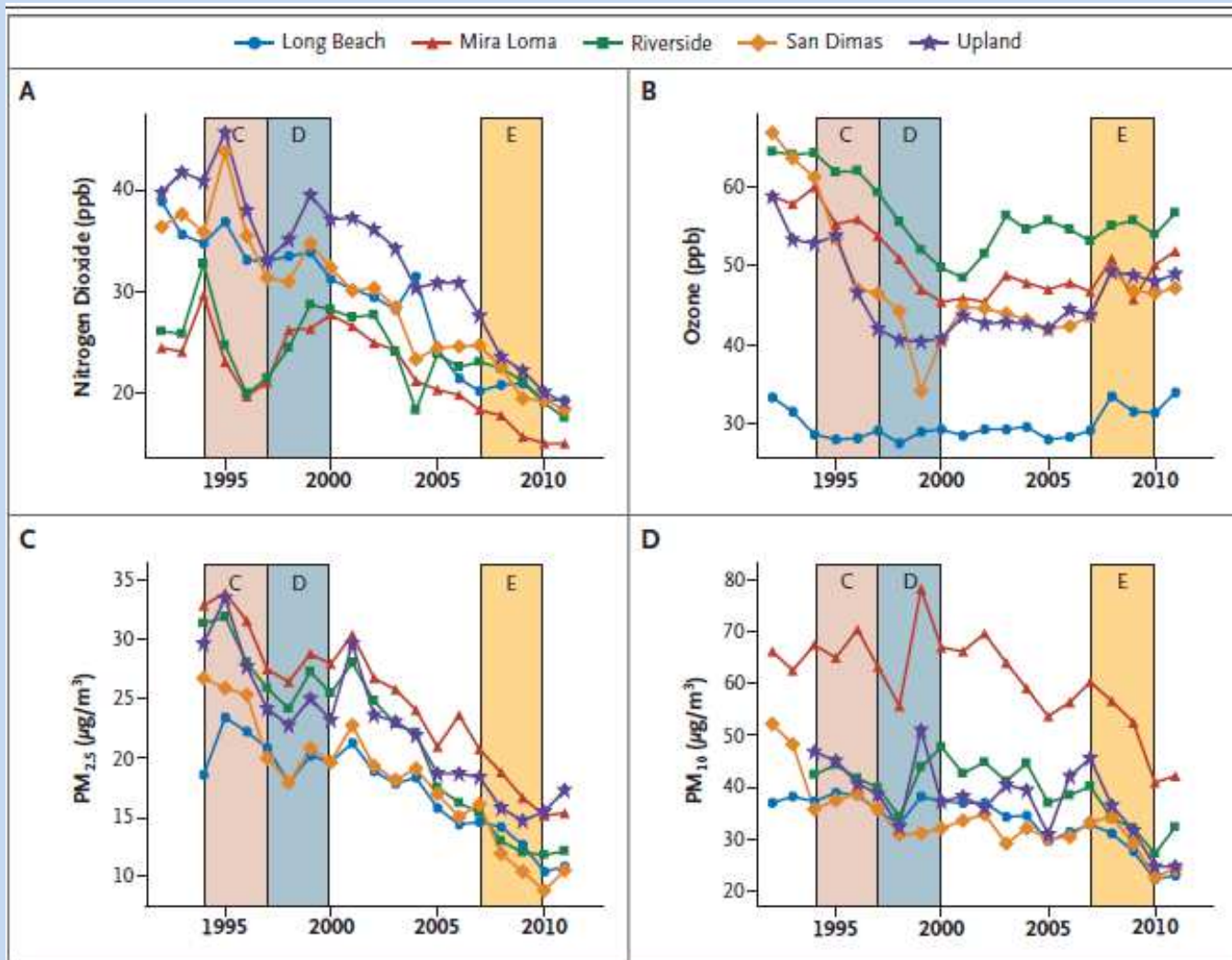
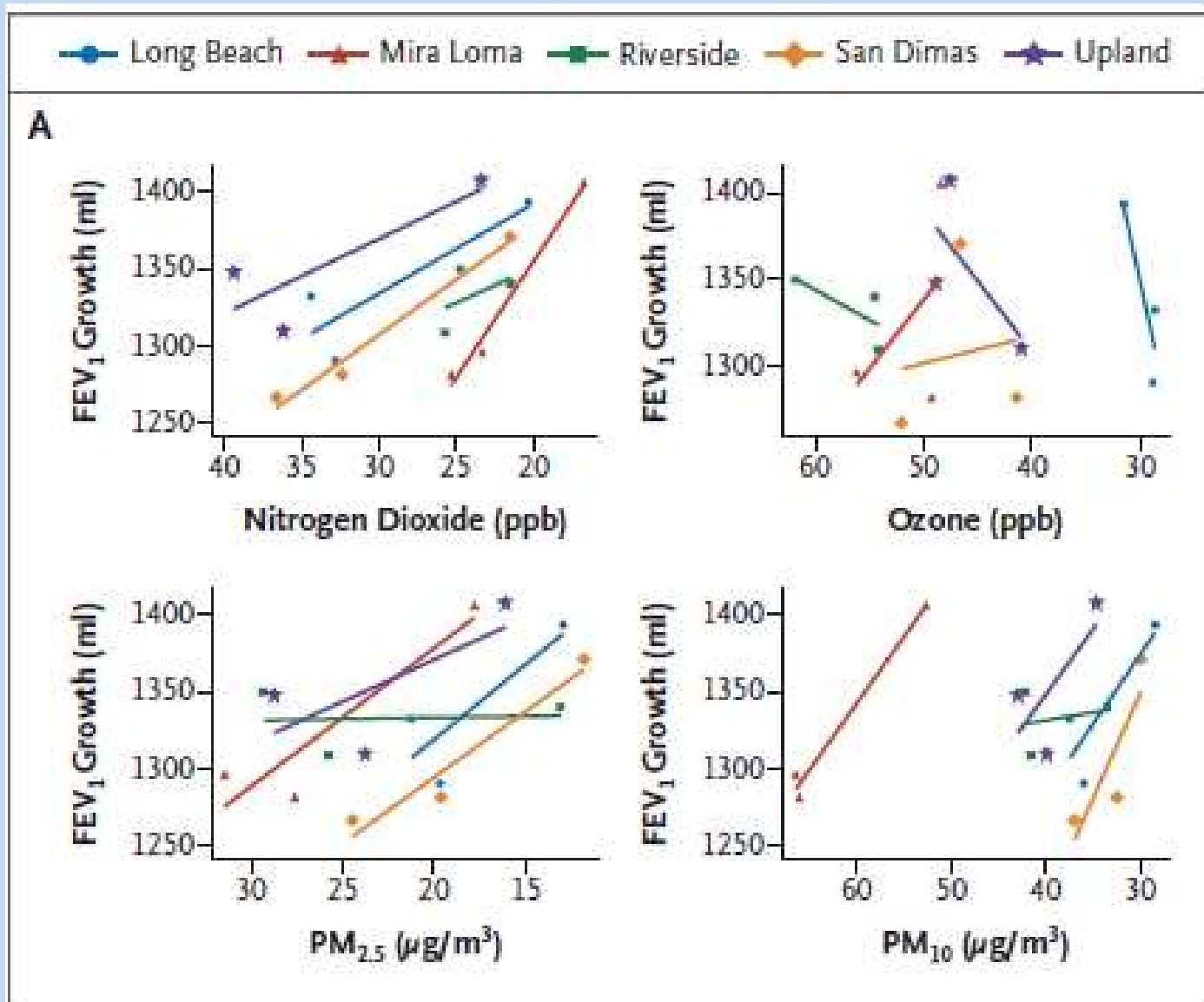


Figure 1. Levels of Four Air Pollutants from 1994 to 2011 in Five Southern California Communities.

Colored bands represent the relevant 4-year averaging period for the analysis of lung-function growth in each of the three cohorts, C, D, and E. PM_{2.5} denotes particulate matter with an aerodynamic diameter of less than 2.5 µm, and PM₁₀ particulate matter with an aerodynamic diameter of less than 10 µm. SPIF 2022

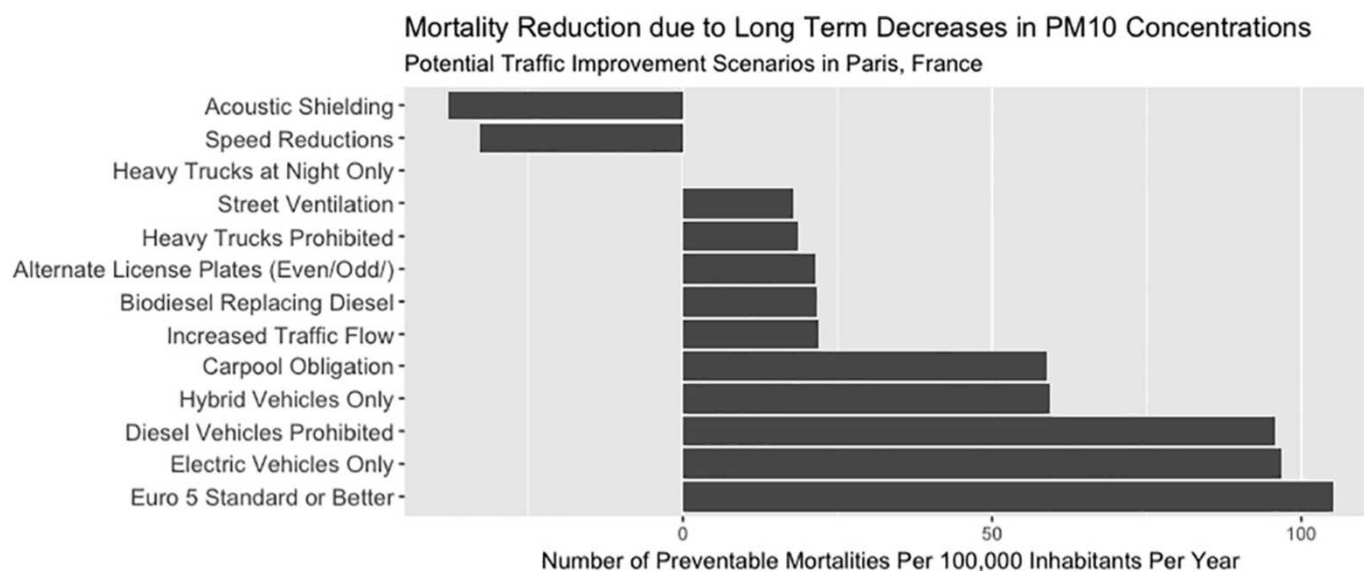
Figure 2. Mean 4-Year Lung-Function Growth versus the Mean Levels of Four Pollutants.



HIGHLIGHTS

- Reductions in mortality for 13 hypothetical traffic scenarios in Paris, France.
- Over 100 deaths in 100,000 avoided with stricter emissions standards for vehicles.
- Non-combustion-related traffic emissions are significant and must be addressed.

GRAPHICAL ABSTRACT



Maesano, C., Morel, G., Matynia, A., Ratsombath, P., Bonnety, J., Legros, G., Costa, P., Prud'homme, J., Annesi-Maesano, I. (2019). **Impacts on human mortality due to reductions in PM10 concentrations through different traffic scenarios in Paris, France** Science of The Total Environment <https://dx.doi.org/10.1016/j.scitotenv.2019.134257>

Questions

1. Quels sont les polluants et leurs sources?
2. Quel est l'état de la pollution atmosphérique? Combien sommes nous exposés?
3. Quel est l'impact de la pollution atmosphérique sur la santé respiratoire (genèse et aggravation)?
4. Sommes-nous tous égaux face à la pollution?
5. Question surprise

What to tell patients?



Stop running outdoors?

Wear a mask?

Use air cleaners?

Avoid opening the windows?

Drink more orange juice?

Change your apartment?

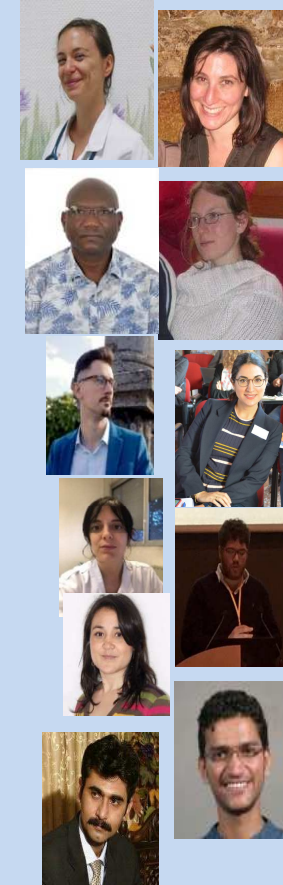
Change your genes?

Conclusions

- Individus exposés à une multitude de polluants atmosphérique à l'intérieur et à l'extérieur des locaux, de façon excessive dans certaines circonstances.
- Rôle établi de la pollution atmosphérique (certains polluants en particulier) dans l'aggravation et le développement de l'asthme et des allergies.
- Coûts socioéconomiques élevés.
- D'autres investigations nécessaires pour cibler d'autres pathologies.



<https://idesp.umontpellier.fr/>



isabella.annesi-maesano@inserm.fr

17/04/2023

SPIF 2022

Promoting clean air

Goal

47. Promoting clean air by reducing outdoor and indoor air pollution will assist in addressing NCDs, including CVD, chronic and acute respiratory disease, and cancers.

Actions

49. Actions in this area that cross-reference with existing action plans, resolutions and conventions, requiring a strong stewardship role of the health sector in working across different sectors and levels of government, include:

- support the regional implementation of World Health Assembly resolution WHA68.8 on health and the environment, addressing the health impact of air pollution;
- continue and enhance efforts to promote the ratification and implementation of the 1979 Geneva Convention on Long-range Transboundary Air Pollution;
- develop appropriate policies that prevent and reduce tobacco consumption, exposure to tobacco smoke and nicotine addiction, with particular attention to young people, non-smokers and vulnerable groups (14,37);
- continue and enhance efforts to decrease and monitor the incidence of acute and chronic respiratory diseases through reduction of exposure to particulate matter and its precursors, especially from industry, transport and domestic combustion, as well as ground-level ozone and other gaseous pollutants, in line with WHO's air quality guidelines (36); and
- develop appropriate cross-sectoral policies and regulations capable of making a strategic difference in order to reduce indoor pollution, and provide incentives and opportunities to ensure that citizens have access to sustainable, clean and healthy energy solutions in homes and public places (36).

Ten principles for clean air

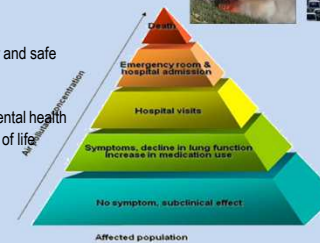


B. Brunekreef, I. Annesl-Maesano, J.G. Ayres, F. Forastiere,
B. Forsberg, N. Kunzli, J. Pekkanen T. Sigsgaard. Eur Respir J 2012; 39:525-528

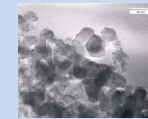
The European Respiratory Society Environment and Health Committee (www.ersnet.org) has developed the following 10 concise principles for clean air, which summarize the scientific state of the art and provide guidance for public health policy.



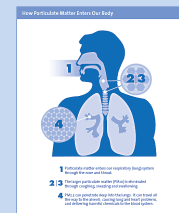
- 1) Citizens are entitled to clean air just like clean water and safe food.
- 2) Outdoor air pollution is one of the biggest environmental health threats in Europe today, leading to significant reductions of life expectancy and productivity.
- 3) Fine particles and ozone are the most serious pollutants. There is an urgent need to reduce their concentrations significantly.



- 4) Roadside pollution poses serious health threats that cannot be adequately addressed by regulating fine particle mass or ozone. Other metrics such as ultrafine particles and black carbon need to be considered in future research and in further regulation.
- 5) Non-tail pipe emissions (from brakes, tires and road surface, etc.) pose a health threat for road users and subjects living close to busy roads.
- 6) Real-world emissions of nitrogen dioxide from modern diesel engines are much higher than anticipated. This may expose many road users and subjects living on stagnating weather that many impact on health, although to what extent requires further research.



- 7) Global warming will lead to more heat waves, during which air pollution concentrations are also elevated and during which hot temperatures and air pollutants in synergy to produce more serious health effects than expected from heat or pollution alone.
- 8) Combustion of biomass fuel produces toxic pollutants. This is true for controlled fires, such as fire places, woodstoves and agricultural burning, as well as for uncontrolled wildfires. There is a need to assess the real health impact of air pollution from these sources in many areas in Europe to inform on the need for better control.



- 9) Compliance with current limit values for major air pollutants in Europe confers no protection for public health. In fact, very serious health effects occur at concentrations well below current limit values, especially those for fine particles.
- 10) EU policies to reduce air pollution are needed that ultimately lead to air that is clean and no longer associated with significant adverse effects on the health of European citizens. The benefits of such policies outweigh the costs by a large amount.

